

LOWER EXTREMITY X-RAY PATIENT GUIDE

Appointment Information

Date: ____/____/____
mm dd yy

Time: _____

What it is an X-ray

An X-ray is a painless test that produces images of the structures inside your body particularly your bones. The X-rays are a form of radiation, like light or radio waves, that can be focused into a beam, those beams pass through your body, and they are absorbed in different amounts depending on the density of the material they pass through.

Lower extremity X-ray

This test uses radiation to produce detailed images of the bones of the lower extremity and includes the leg, knee, foot, ankle, upper legs and hips.

Why it is done

This X-rays are done to evaluate and diagnose:

- Fractures or broken bones
- Infections
- Arthritis
- Osteoporosis
- Tumors (abnormal masses of cells) or birth defects
- Bone deformities

There may be other reasons for your doctor to recommend a lower extremity X-ray.

Types of lower extremity X-rays you can get at Sanitas

- Ankle X-ray
- Instep X-ray
- Calcaneus X-ray
- Femur X-ray
- Foot X-ray
- Feet X-ray with support
- Tibia/Fibula X-ray
- Knee X-ray
- Weight bearing Lower extremity X-ray

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How to prepare

- If the monitor has trouble getting a reading, it may re-inflate in a minute or so to try a second time.
- Generally, no prior preparation is needed.
- Tell the radiology tech if you are pregnant or suspect you may be pregnant.
- If the patient is under 5 years of age, he or she needs to come to the appointment with two adults who are not pregnant..
- You may be asked to provide prior test results, if needed.
- Please arrive 15 minutes prior to your scheduled appointment time.