

## Appointment Information

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
mm dd yy

Time: \_\_\_\_\_

- Please arrive 30 minutes before your appointment. If you decide to cancel, please call a day in advance to our Call Center: **1-844-665-4827** or the telephone number assigned in your appointment.
- Remember to bring your insurance card, identification card (ID), and if required, previous diagnostic studies
- Please follow the marked instructions below. For colonoscopies, make sure to follow the order of bowel cleansing as instructed.
- You must stop taking Coumadin, Plavix, Aspirin, or anti-inflammatory (Naproxen, Advil, Motrin, Celebrex, or other NSAIDs) 7 days prior to the study. Notify your primary care physician or cardiologist before stopping these drugs.

## Pertinent instructions for Procedures

- **Gastroscopy/Endoscopy:** You must arrive on fasting. This means nothing by mouth as of 12 am (midnight) the night before. Please ensure you have a designated driver the day of the procedure because you will be under the effects of the sedatives administered during the procedure.
- **Colonoscopy:** You must follow the bowel cleansing instructions as directed; otherwise, the study will be cancelled. Please ensure you have a designated driver the day of the procedure because you will be under the effects of the sedatives administered during the procedure.
- **Short Colonoscopy (Sigmoidoscopy):** You must follow the bowel cleansing instructions as directed; otherwise, the study will be cancelled. Please ensure you have a designated driver the day of the procedure because you will be under the effects of the sedatives administered during the procedure.