

## Appointment Information

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
mm dd yy

Time: \_\_\_\_\_

### What it is an X-ray

An X-ray is a painless test that produces images of the structures inside your body particularly your bones. The X-rays are a form of radiation, like light or radio waves, that can be focused into a beam, those beams pass through your body, and they are absorbed in different amounts depending on the density of the material they pass through.

### Chest X-ray

Chest x-rays produce images that shows the organs and structures inside the chest. Shows your heart, lungs, blood vessels and bones of the spine and chest.

### Why it is done

Chest X-rays are done to:

- Find lung conditions
- Find the cause of many symptoms as cough, shortness of breath, or chest pain.
- Find Hearth conditions
- Find foreign objects

There may be other reasons for your doctor to recommend a chest X-ray.

### Types of chest X-rays you can get at Sanitas

- Clavicle X-ray
- Scapula X-ray
- Sternum X-ray
- Rib cage X-ray
- Thoracic X-ray

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### How to prepare

- If the monitor has trouble getting a reading, it may re-inflate in a minute or so to try a second time.
- Generally, no prior preparation is needed.
- Tell the radiology tech if you are pregnant or suspect you may be pregnant.
- If the patient is under 5 years of age, he or she needs to come to the appointment with two adults who are not pregnant..
- You may be asked to provide prior test results, if needed.
- Please arrive 15 minutes prior to your scheduled appointment time.

