

# BOWEL PREPARATION PATIENT GUIDE

## Appointment Information

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
mm dd yy

Time: \_\_\_\_\_

- Please arrive 30 minutes before your appointment. If you decide to cancel, please call a day in advance to our Call Center: 1-844-665-4827 or the telephone number assigned in your appointment.
- Remember to bring your insurance card, Identification card (ID), medical order and / or service authorization and if required, previous diagnostics.

## Instructions for Colyte or Golytely use

### The day before the study in the morning (1 day before):

- Mix the powder given in the gallon with water until the marked line.
- Put the gallon in the refrigerator until cold so it can be more pleasant to taste.
- You must remain on clear liquid diet all day until midnight (soup, juices etc.)  
Nothing by mouth after midnight.

### The day before the study at 2:00 pm (day before):

- Start drinking the gallon; take 8 oz. every 10 minutes until finishing it completely.
- You should finish the gallon in less than 4 hours.
- You must remain on clear liquid diet all day until midnight (soup, juices etc.). Nothing by mouth after midnight.

The Colyte or Golytely will produce diarrhea. This is necessary to clean entirely the large bowel and prepare it for the study. If you are unable to drink the entire gallon you need to change your appointment. Please contact our Call Center: **1-844-665-4827** or the telephone number assigned in your appointment to change your appointment.