



Explore Your Benefits





Unlock **additional savings**

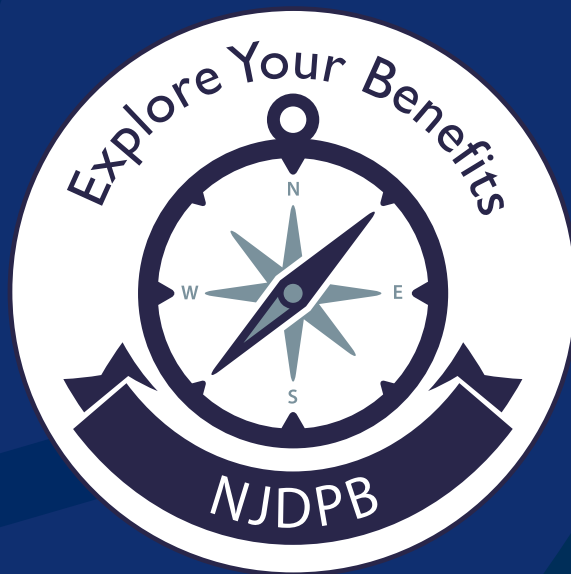
Thanks to a new partnership between the **State of New Jersey SHBP/SEHBP** health plans and Sanitas Medical Center, **Horizon Blue Cross Blue Shield of New Jersey members** can unlock extra benefits by using Sanitas for their primary care needs.

As a Direct Primary Care provider, Sanitas offers you:

- More savings
- More care services
- More convenience

Choose us for your primary care needs!

Content



Direct Primary Care **benefits**

You can say good-bye to copays when you use Sanitas for your primary care needs.



Primary care visits



Urgent care visits



Telehealth with mySanitas Chat



Care programs and virtual events



On-site medications for acute conditions



Direct Primary Care **extra perks**



Sanitas is here to help you earn \$250 or more in NJWELL incentives! Schedule a visit at Sanitas to get your NJWELL health screening completed—and we'll help you get your results loaded to your account. You can also count on our health coach for support in completing your care programs so you can earn your reward.



Direct Primary Care **concierge service**



Sanitas offers you extra care services and more convenience when you choose us as your direct primary care provider.

- Support from your dedicated nurse and health coach
- Access to your doctor instantly using the mySanitas Chat app
- Next-day appointments—virtually or in-person
- Walk-in urgent care—no appointment needed
- Open late and on weekends—even on Sunday



Welcome to a world of care

You'll have a personal doctor who takes time to listen to your health needs.

- We respect your health concerns.
- We take time to explain treatments, testing, medications and ongoing care.
- We'll coordinate your care and ensure referrals are covered, so costs are easy on the budget.



Services at a glance

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Your dedicated team, which includes your primary doctor, nurses, care coordinators, nutritionists, specialists and others, really get to know you.

.....



We help make things less complicated—and work hard to keep you on the path to healthy living.



Primary Care

- Annual health exams
- Preventive tests
- Vaccinations
- Treatment for chronic conditions



Urgent Care

- Illness
- Infection
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



Virtual Care

- Secure video, phone and text messaging
- Wellness visits
- Follow-up care
- Chronic condition management

1-866-645-5997

Virtual care

Some common issues
we can help with:

Minor injuries
.....

Medications not working
.....

Cough/sore throat
.....

Skin rash
.....

Consultation before going to the ER
.....

Diabetic care coaching
.....

Nutritional consultation
.....

Care navigation
.....

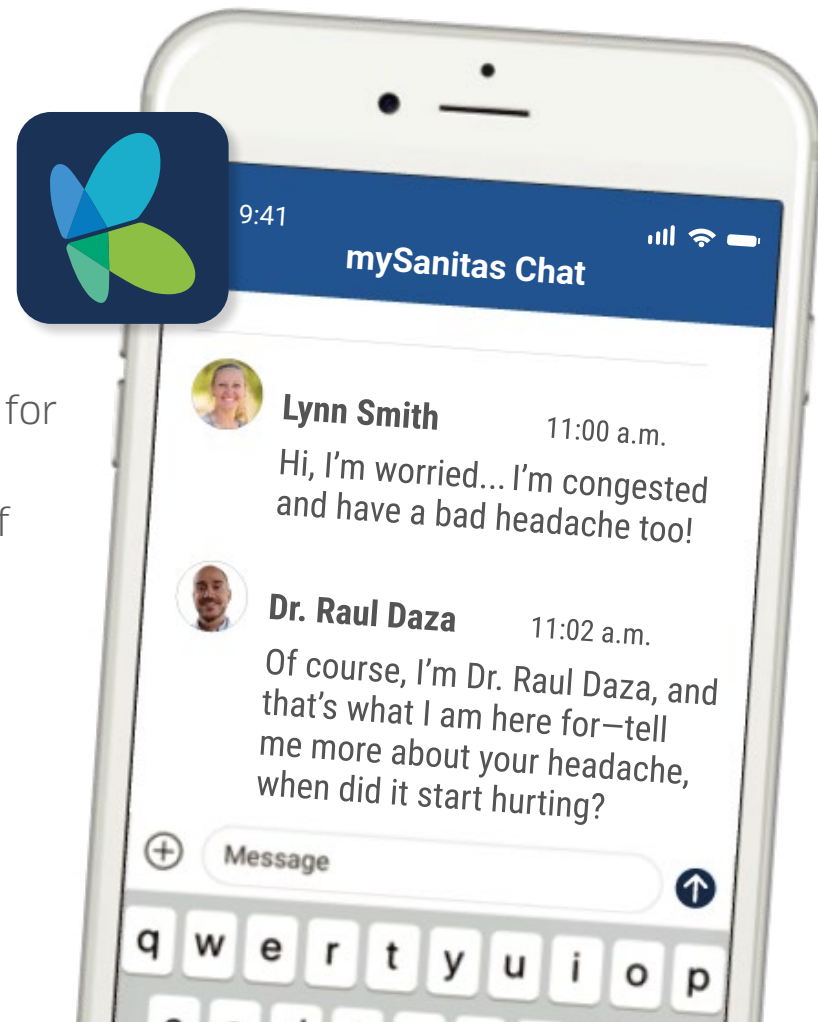
Good advice whenever and wherever you need it

mySanitas Chat app

The mySanitas Chat app is where you can get unlimited real-time help in minutes—for quick medical questions or concerns.

Telehealth

Video doctor appointments for any need—preventive care, checkups or management of health conditions.



1-866-645-5997

Preventive care



Keep yourself and your family healthy

Regular checkups and tests can help detect problems before they start. At Sanitas, we'll ensure you and your family stay up-to-date with all your screenings.

Women's health screenings

- Mammography
- Pap test
- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure
- Cholesterol

Men's health screenings

- Prostate exam
- Testicular exam
- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure
- Cholesterol

Well-child care

- Prevention, growth and development
- Hearing tests
- Height, weight and body mass index (BMI)
- Vaccinations
- Sports physicals

Specialized care

Diabetes
.....
Heart diseases
.....
COPD
.....
Asthma
.....
High cholesterol
.....
Hypertension
.....

Specialized care for patients with ongoing conditions

When you have a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and in-between visits. You can count on each and every one of us to be a helping hand or a smile that makes your day.

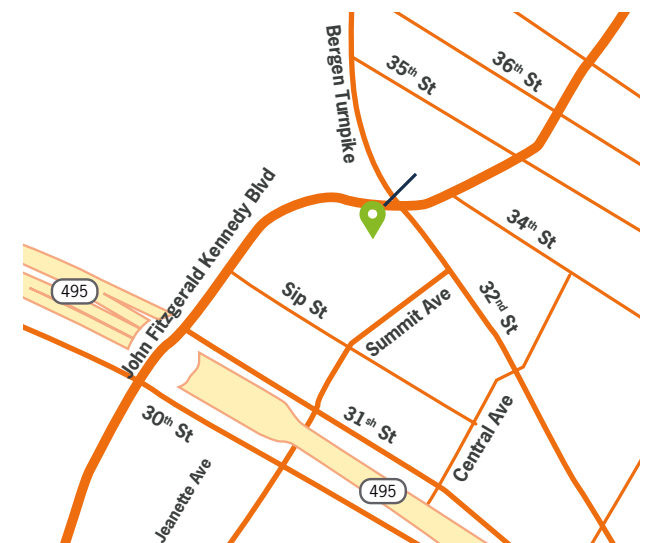
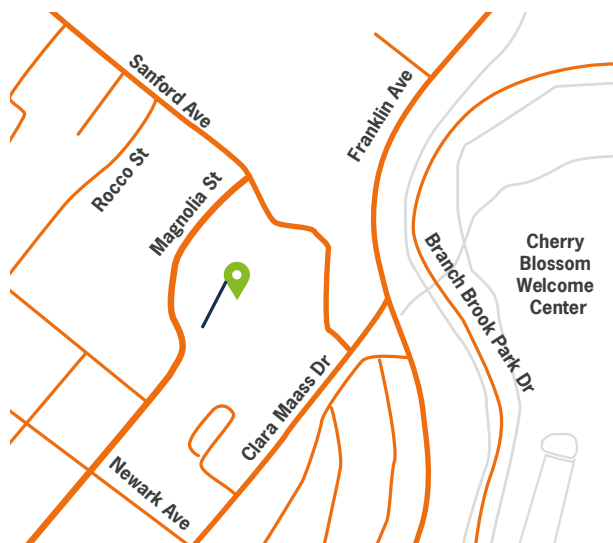
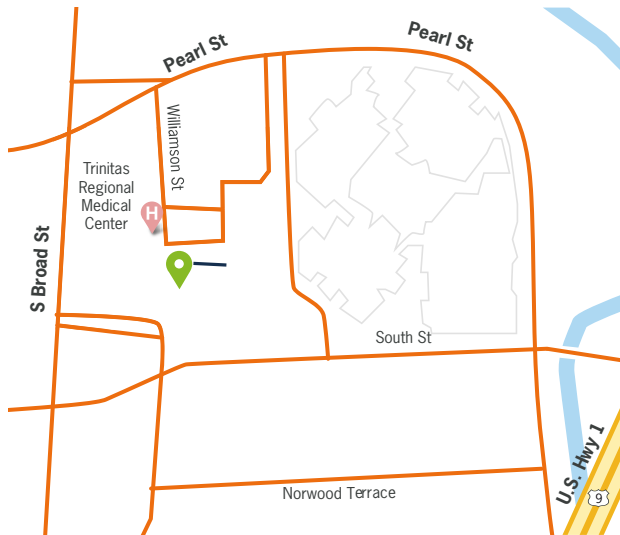


We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Behavioral health programs
- Stress management
- At-home care
- In-hospital support

1-866-645-5997

Locations



Elizabeth

240 Williamson St. Suite 302
Elizabeth, NJ 07202

Belleville

1 Clara Maass Dr., 2nd Floor, Suite 250
Belleville, NJ 07109

Union City

3196 John F. Kennedy Blvd.
Union City, NJ 07087



Getting in touch is easy

At Sanitas, we love what we do. VIPs like you are what motivates us to be better listeners, better caregivers, better doctors, nurses and specialists, better people and mostly, better for you.



1-866-645-5997



The State of New Jersey Direct Primary Care program is available to active employees, retirees and covered dependents who are not Medicare primary, who are enrolled in an SHBP/SEHBP NJ DIRECT, CWA Unity DIRECT, OMNIAsm or NJ Educators Health Plan.

These benefits will continue as long as you are enrolled in an eligible SHBP/SEHBP NJ DIRECT, CWA Unity DIRECT, OMNIAsm or NJ Educators Health Plan, and continue to choose Sanitas for your primary care needs.

NJWELL is an incentive-based wellness program offered to eligible employees and their covered spouses who participate in the SHBP/SEHBP. More detail can be found on <http://www.nj.gov/njwell/>.

Sanitas Medical Centers are independently owned and operated by Sanitas of New Jersey LLC. Sanitas is independent from and not affiliated with Horizon Blue Cross Blue Shield of New Jersey. *The Horizon Connect retail center offers commercial health insurance, Medicare, Medicaid and Dual Special Needs products. Horizon Insurance Company, Inc. ("HIC") has contracts with CMS for HMO, PPO and Part D Medicare plans. Horizon Healthcare of New Jersey, Inc. ("HHNJ") has contracts with both CMS and the State of New Jersey Medicaid Program to provide a HMO Medicare Advantage Dual Special Needs plan. Enrollment in Horizon NJ TotalCare (HMO-DSNP) and/or HIC Medicare products depends on contract renewal. Other providers are available in our network.

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