



Experience
the care you *deserve*

Sanitas
Medical Center



Insurance Support & Medical Care In One Place

At your neighborhood Blue of Tennessee everything is centered around you. You'll get local insurance support from BlueCross BlueShield of Tennessee – select a Medicare plan, to understand your benefits, payments and claims, plus you'll get expert care from Sanitas – in one place.

Sanitas
Medical Center





Especially for our
VIPs

Very Important Patients

Why choose **Sanitas**

More time with your doctor

The personal attention you deserve means spending more time with your doctor and care team, understanding your needs.

Everything you need, all in one place

Primary care, urgent care, specialty services, lab work, imaging and so much more—for your convenience.

Easy and convenient appointments

Schedule online, by phone or app. We're open evenings and weekends at most locations.

Always on. Always by your side.

Tap into care from anywhere—chat with us via our app, through telehealth or in-person visits.



Sanitas Medical Centers

Our state-of-the-art medical centers offer one-stop care for you and your family.

We're in your neighborhood, with extended hours, so it's more convenient to get care when you need it.

Each center is your home base, designed for your comfort, for all of your health and wellness needs.



Sanitas

Our medical team

At Sanitas, our care teams are always by your side.



Our doctors, nurses and health coaches provide the personalized attention you need, however and whenever you need it. We specialize in understanding the needs of seniors and helping you live life to the fullest.

Services at a glance

Your dedicated team, which includes your primary doctor, nurses, care coordinators, nutritionists, specialists and others, really get to know you.



Primary Care

- Annual health exams
- Preventive tests
- Vaccinations
- Treatment for chronic conditions



Urgent Care

- Illness
- Infection
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



Virtual Care

- Secure video, phone and text messaging
- Wellness visits
- Follow-up care
- Chronic condition management

24/7 Virtual care

Some common issues we can help with:

Minor injuries

.....

Medications not working

.....

Cough/sore throat

.....

Skin rash

.....

Consultation before going to the ER

.....

Diabetic care coaching

.....

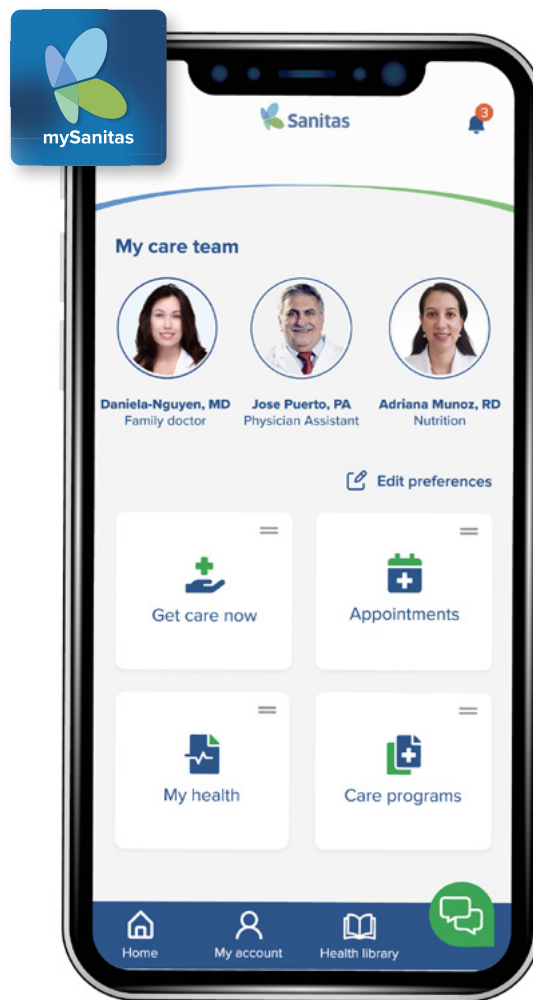
Nutrition planning

.....

Care navigation

.....

On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. **mySanitas is Always on. Always by your side.**



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other health care need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers health care concerns on the fly.
- Smart search provides real-time health care education.

Download the mySanitas app

Coming soon in January 2023 to patients with BlueCross BlueShield of Tennessee!

1-866-984-9918

Preventive care

Step into a place that opens your world to healthy opportunities.

Connect with caring professionals in your community, make social connections or find a shoulder to lean on.

We go the extra mile to help provide care for life.

Women's health screenings

- Mammography
- Pap smear
- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Cholesterol and triglycerides screening
- Diabetes screening

Men's health screenings

- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure
- Cholesterol and triglycerides screening
- Diabetes screening



Specialized care

Diabetes
.....

Heart diseases
.....

COPD
.....

Asthma
.....

High cholesterol
.....

Hypertension
.....



Ongoing care for patients with chronic conditions

When you're living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and in-between visits.

We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Social and community services

1-866-984-9918

Locations

Memphis



Virtual Tour

Crosstown

438 N. Cleveland St.
Memphis, TN 38104

Germantown


9155 Poplar Ave., Suite 27
Germantown, TN 38138

Whitehaven

1200 E. Raines Rd., Suite 101
Memphis, TN 38116

Wolfchase

2382 N. Germantown Pkwy.
Suite 101
Cordova, TN 38016

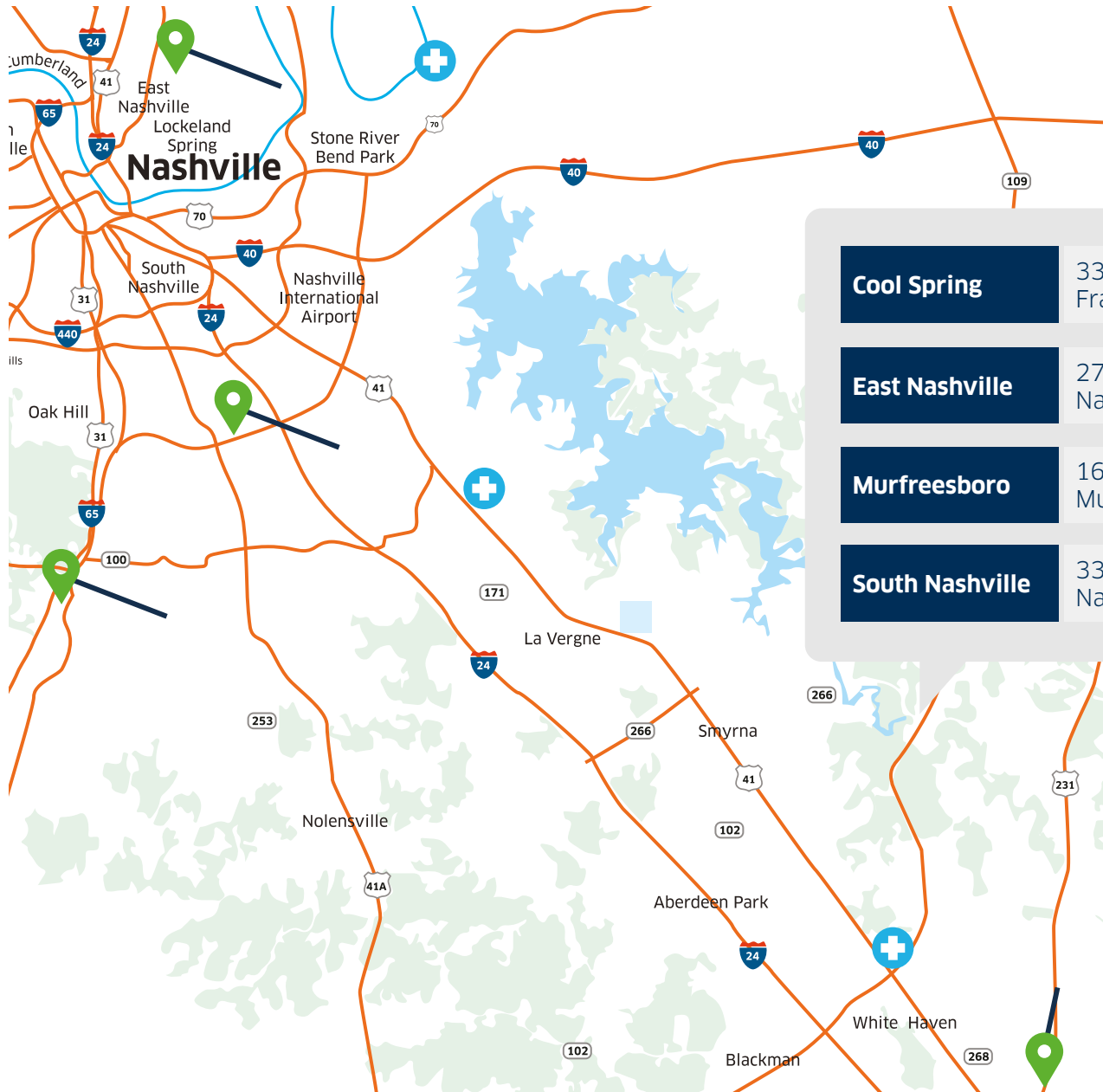
 Location with advanced urgent care

1-866-984-9918

Locations



Nashville



Virtual Tour

Cool Spring

330 Mayfield Dr., Suite 7-A
Franklin, TN 37067

East Nashville

2700 Gallatin Pike, Suite A
Nashville, TN 37216

Murfreesboro

1648 Memorial Blvd.
Murfreesboro, TN 37129

South Nashville

330 Wallace Rd., Suite 4
Nashville, TN 37211



Location with advanced urgent care

1-866-984-9918

Getting in touch

At Sanitas, we love what we do. VIPs like you are what motivates us to be better listeners, better caretakers, better doctors, nurses and specialists, better people and mostly, better for you.



1-866-984-9918

Sanitas
Medical Center



Sanitas is an independent medical center, serving people insured by BlueCross BlueShield of Tennessee (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Other physicians and providers are available BlueCross BlueShield of Tennessee's networks. BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association.