



Experience
the care you *deserve*

Sanitas
Medical Center



Insurance Support & Medical Care In One Place

At your neighborhood Blue of Tennessee everything is centered around you. You'll get local insurance support from BlueCross BlueShield of Tennessee – select a plan, to understand your benefits, payments and claims, plus you'll get expert care from Sanitas – in one place.

Sanitas
Medical Center



Content

An abstract graphic featuring a thick, bright blue curve that starts at the bottom left and sweeps upwards and to the right, eventually curving back towards the top left. The curve is set against a background that is split diagonally from the bottom left to the top right. The upper-left portion of the background is white, and the lower-right portion is a dark navy blue. The word "Content" is written in a dark navy blue, sans-serif font in the white area, positioned above the curve. The curve itself appears to be a thick line or a very narrow band of color.

Why choose **Sanitas**

One place for support, health care, and health plans

Our state-of-the-art medical centers offer one-stop care for all generations – children, adults and seniors. That means less time spent running from doctor to doctor to get care for your entire family.

We're in your neighborhood

With so many locations and extended hours, we make it convenient to get care on your time. And when you can't get in to see us, you can tap our app to talk or text instantly with a Sanitas care team member.

Making care matter

There is a difference in where you choose to go for care. The quality, trust, compassion and understanding that you're looking for is at Sanitas. Our doctors, nurses, health coaches, nutritionists and clinical social workers take all the time you need.

Always on. Always by your side.

You'll never be alone in your health concerns. Download our free app to get advice at your fingertip. You'll have 24/7 access to Sanitas care teams 365 days a year.



Sanitas Medical Centers

Our state-of-the-art medical centers offer one-stop care for you and your family.

We're in your neighborhood, with extended hours, so it's more convenient to get care when you need it.

Each center is your home base, designed for your comfort, for all of your health and wellness needs.



Sanitas

Our medical team

At Sanitas, our care teams are always by your side.



Our doctors, nurses and health coaches provide the personalized attention you need, however and whenever you need it. They really get to know you and spend more time listening and understanding your concerns.

Services at a glance



Primary Care

- Annual health exams
- Disease prevention & education
- Diagnosis of illness & treatment
- Specialist coordination



Urgent Care

- Illness
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



Virtual Care

- Televisits
- Chat for care & service
- Symptom checker
- Health coaching
- Care coordination

24/7 Virtual care

Some common issues we can help with:

Minor injuries
.....

Medications not working
.....

Cough/sore throat
.....

Skin rash
.....

Consultation before going to the ER
.....

Diabetic care coaching
.....

Nutrition planning
.....

Care navigation
.....

On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. **mySanitas is Always on. Always by your side.**



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other health care need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers health care concerns on the fly.
- Smart search provides real-time health care education.

Download the mySanitas app

Coming soon in January 2023 to patients with BlueCross BlueShield of Tennessee!

1-866-507-5363

Preventive care



Keep yourself and your family healthy

Regular checkups and screenings can help detect problems before they start. At Sanitas, we'll ensure you and your family stay up-to-date.

Women's health screenings

- Mammography
- Pap smear
- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure & cholesterol

Men's health screenings

- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure
- Cholesterol and triglycerides screening

Well-child care*

- Prevention, growth and development
- Hearing tests
- Height, weight and body mass index (BMI)
- Vaccinations
- Sports and school physicals
- Childhood diseases

*Available at select locations

1-866-507-5363

Specialized care

Diabetes
.....

Heart diseases
.....

COPD
.....

Asthma
.....

High cholesterol
.....

Hypertension
.....



Ongoing care for patients with chronic conditions

When you're living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and in-between visits.

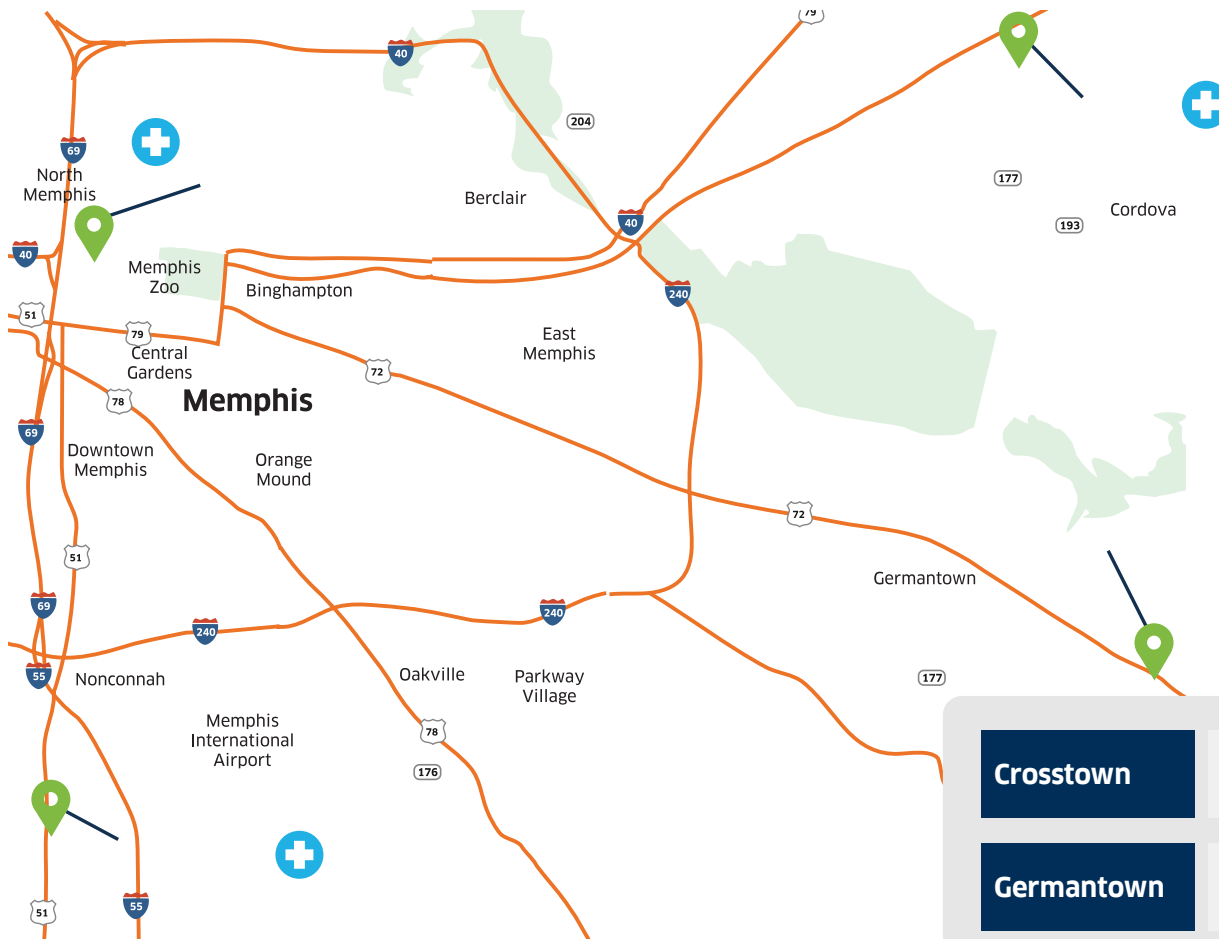
We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Social and community services

1-866-507-5363

Locations

Memphis



Virtual Tour

Crosstown

438 N. Cleveland St.
Memphis, TN 38104

Germantown


9155 Poplar Ave., Suite 27
Germantown, TN 38138

Whitehaven

1200 E. Raines Rd., Suite 101
Memphis, TN 38116

Wolfchase

2382 N. Germantown Pkwy.
Suite 101
Cordoba, TN 38016

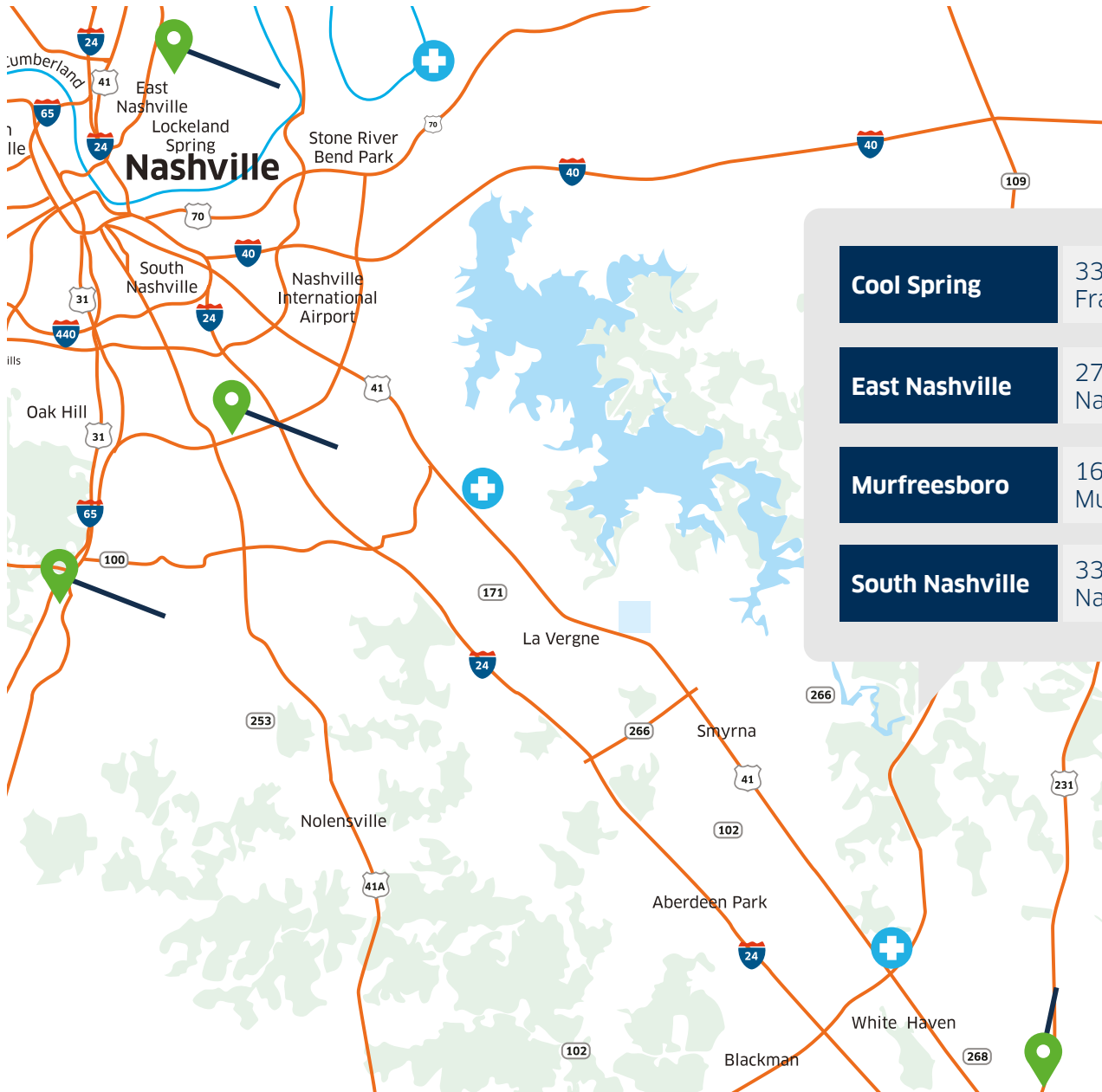
 Location with advanced urgent care

1-866-507-5363

Locations



Nashville



Virtual Tour

Cool Spring

330 Mayfield Dr., Suite 7-A
Franklin, TN 37067

East Nashville

2700 Gallatin Pike, Suite A
Nashville, TN 37216

Murfreesboro

1648 Memorial Blvd.
Murfreesboro, TN 37129

South Nashville

330 Wallace Rd., Suite 4
Nashville, TN 37211



Location with advanced urgent care

1-866-507-5363

Getting in touch



1-866-507-5363

Sanitas
Medical Center



Sanitas Medical Center is an independent medical center serving people covered by BlueCross BlueShield of Tennessee (or other Blue Cross Blue Shield plans), Medicare beneficiaries or those self-paying for medical treatment. Other physicians and providers are available in the BlueCross BlueShield of Tennessee networks. BlueCross BlueShield of Tennessee is an Independent Licensee of the Blue Cross and Blue Shield Association.