



| Experience
the care you
deserve

 **Sanitas**
Medical Center

For Members of



BlueCross BlueShield
of Texas



Always by your side, **taking care of you.**



Growing old is for the young at heart. There's more to being a senior than just doctor appointments and medications. At Sanitas Medical Center, you get the respect you've earned and the attention you deserve.

Sanitas Medical Centers offer comprehensive healthcare services that extend beyond doctor appointments, tests and medications. We care for you head-to-toe, inside and out, body, mind and spirit.

Sanitas is more than healing what hurts. It's about...

- ...lifelong, compassionate, whole-person care
- ...being with you between visits, and in times when you need us
- ...making it easier to get care—in our centers or from wherever you are
- ...putting your mind at ease when you're dealing with life's challenges
- ...keeping you healthy, with support from our nutritionists and health coaches

We're here to help make your everyday needs a breeze—whenever and however you need us.

Experience heartfelt care like no other place.

Especially for our
VIPs

Very Important Patients

We take your care to **heart**



More time with your doctor

The personal attention you deserve means spending more time with your doctor and care team, understanding your needs.

Everything you need, all in one place

Primary care, urgent care, specialty services, lab work, imaging and so much more—for your convenience.

Easy and convenient appointments

Schedule online, by phone or app. We're open evenings and weekends at most locations.

The care you deserve, whenever you need it

Care from anywhere—through telehealth or in-person visits.



Welcome to a world of care

You'll have a personal doctor who takes time to listen to your health needs.

- We respect your health concerns.
 - We take time to explain treatments, testing, medications and ongoing care.
 - We'll coordinate your care and ensure referrals are covered, so costs are easy on the pocketbook.
 - We know Medicare and can help you maximize your benefits.
-



Sanitas

Our medical team

At Sanitas, our care teams are always by your side.



Our doctors, nurses and health coaches

provide the personalized attention you need, however and whenever you need it. We specialize in understanding the needs of seniors and helping you live life to the fullest.

Services at a glance

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Your dedicated team, which includes your primary doctor, nurses, care coordinators, nutritionists, specialists and others, really get to know you.

.....

We help make things less complicated—and work hard to keep you on the path to healthy living.



Primary Care

- Annual health exams
- Preventive tests
- Vaccinations
- Treatment for chronic conditions



Urgent Care

- Illness
- Infection
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



Virtual Care

- Wellness visits
- Follow-up care
- Chronic condition management

Virtual care

Some common things you can
access using the app:

Health records

Lab and test results

Online payments

Secure messaging

Book appointments

Prescription renewals

Health coaching

Join televisits

Access to a secure and easy to use Patient Portal
to view and manage your Personal Health Record,
from any computer, smartphone or tablet.



Search **Healow** in your App
store or Google Play

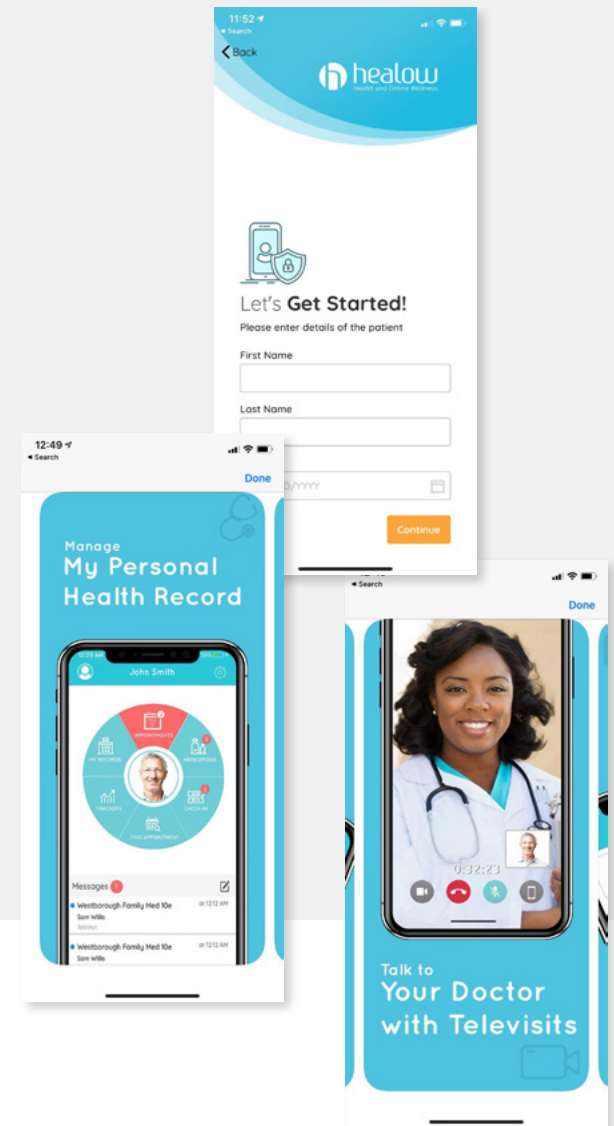
Enter the Sanitas practice code
HBGBDA.

Type Username and Password
UN: your email
PW: Sanitas123!

Accept HEALOW terms
Give Camera and Mic Access
Enter phone #, one time
passcode

Enroll!

Download the app



1-866-926-3078

Preventive care

Step into a place that opens your world to healthy opportunities.

Connect with caring professionals in your community, make social connections or find a shoulder to lean on.

We go the extra mile to help provide care for life.

Women's health screenings

- Pap smear
- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Cholesterol and triglycerides screening
- Diabetes screening

Men's health screenings

- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure
- Cholesterol and triglycerides screening
- Diabetes screening

Specialized care

Diabetes

Heart diseases

COPD

Asthma

High cholesterol

Hypertension

Ongoing care for patients with chronic conditions

When you're living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and in-between visits. You can count on each and every one of us to be a helping hand or a smile that makes your day.

We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Stress management
- Health and wellness classes
- Social and community services

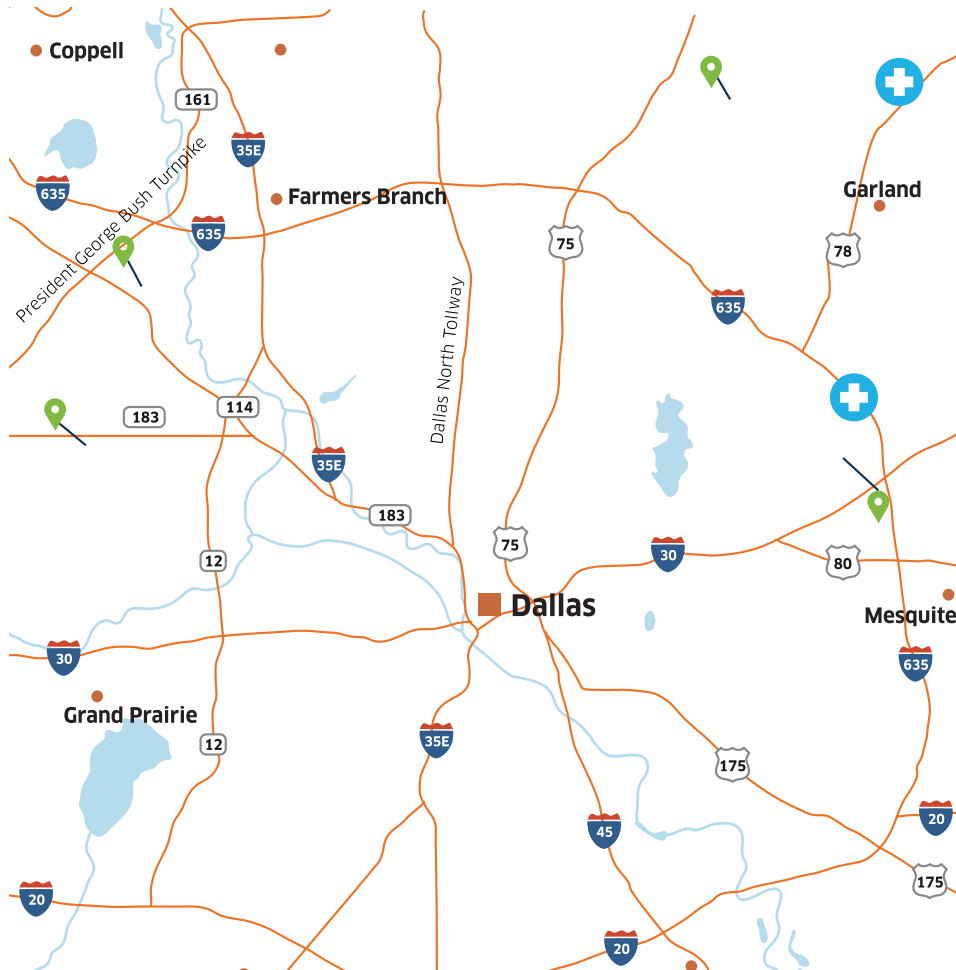


1-866-926-3078

Locations



Dallas



Virtual Tour

Richardson

350 S Plano Rd.
Richardson, TX 75081

Las Colinas


6500 N MacArthur Blvd.
Irving, TX 75039

Irving

3917 W Airport Fwy.
Irving, TX 75062

Mesquite

2021 N Town East Blvd., Suite 500
Mesquite, TX 75150

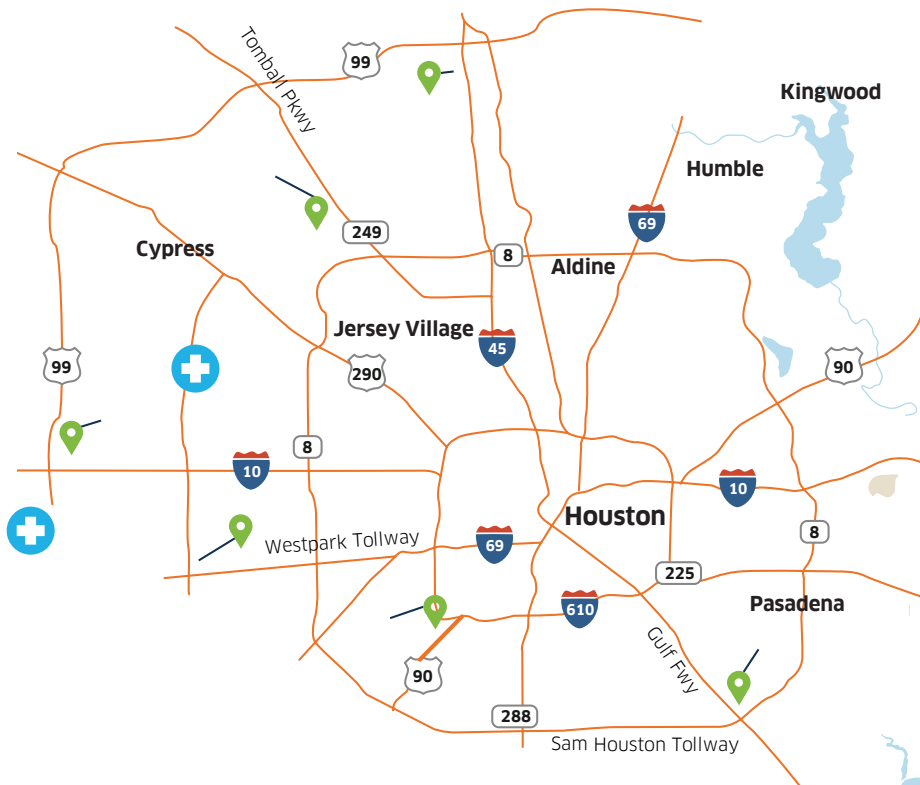
 Location with advanced urgent care

1-866-926-3078

Locations



Houston

[Virtual Tour](#)

Spring

18532 Kuykendahl Rd.
Spring, TX 77379

Willowbrook

12302 Jones Rd.
Houston, TX 77070

Katy

2610 N Mason Rd.
Katy, TX 77449

Briarforest

12586 Westheimer Rd.
Houston, TX 77077

Meyerland

10101 S Post Oak Rd.
Houston, TX 77096

Southbelt

12823 Gulf Fwy.
Houston, TX 77034



Location with advanced urgent care

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Getting in touch

At Sanitas, we love what we do. VIPs like you are what motivates us to be better listeners, better caretakers, better doctors, nurses and specialists, better people and mostly, better for you.



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Sanitas is an independent medical center, serving people insured by Blue Cross and Blue Shield of Texas (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Blue Cross and Blue Shield of Texas is a division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association.