

Florida Blue 



Your Health Solutions Partner

Sanitas Medical Center

Primary care that makes your **life easier**

We're with you every step of the way, providing comprehensive health care for adults with the quality, time, and attention you deserve.

Serving
Florida Blue
Medicare
Advantage
patients

 Regency Park Shopping Center
9400 Atlantic Blvd, Suite 31, Jacksonville, FL 32225
You can find us at Suite 11, starting January 1st.
 1-866-520-4705





Always by your side, taking care of you

We make getting the care easier, with the services you need in one location, backed by a whole care team working to support you.

We've partnered with Florida Blue, who has been serving the Jacksonville community for almost 80 years. Together, we're committed to helping people and communities achieve better health.

You can count on us to deliver a primary care experience that's not only personalized to address your physical health, but also takes into account your mental and social well-being. Our goal is to empower you and help you lead a life that's not just healthy, but one where you can thrive.

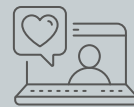
You'll experience a comprehensive care model thoughtfully created to:



Provide compassionate, personalized, whole-person care.



Support you between visits and in times when you need us.



Make it easier to get care—in our center or from wherever you are.



Put your mind at ease when you're dealing with life's challenges.



Keep you healthy, with support from our specialized care teams.

A photograph of an elderly man and woman smiling and laughing together outdoors. The man is wearing glasses and a light blue shirt, and the woman is wearing a white shirt. They are both looking towards the right of the frame.

Our pillars to better health

Health

What you need to support your health and well-being in one convenient location, including, diagnostics and testing, pain support, walk-in services.

Education

A roadmap tailored to your specific needs

Your dedicated care team will create a personalized health plan for your unique needs, including mental health, pain support and social and community referrals.

Social

Join us for Zumba, yoga, cooking classes, health and mindfulness webinars, laugh therapy, and networking time.

Community

Your health is more than physical health. That's why our Community Health Ambassadors provide help with community and social services like food programs, transportation services, financial and housing assistance programs, and more.

Services at-a-glance

We help make things less complicated so you can stay on your path to health and wellness.



Primary care

- Annual wellness visits
- Preventive tests
- Vaccinations and immunizations
- Treatment and support for ongoing health concerns
- Pain support services (massage therapy)
- Medication management



Walk-in services

- Illness, infection
- Fever, cold, or flu
- Cuts and wounds
- Minor sprains and fractures
- Stitches, drainage, incisions, IV fluids
- And much more



Lab work and imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more
- Diagnostic tests



Virtual care

- Secure video, phone and text messaging
- Wellness visits
- Follow-up care
- Care programs
- Same-day-care



Mental and emotional health

Our providers and Licensed Clinical Social Workers will guide you through different treatment methods. And we can help our patients and their caregivers find community resources and extra services and support.

Personalized care

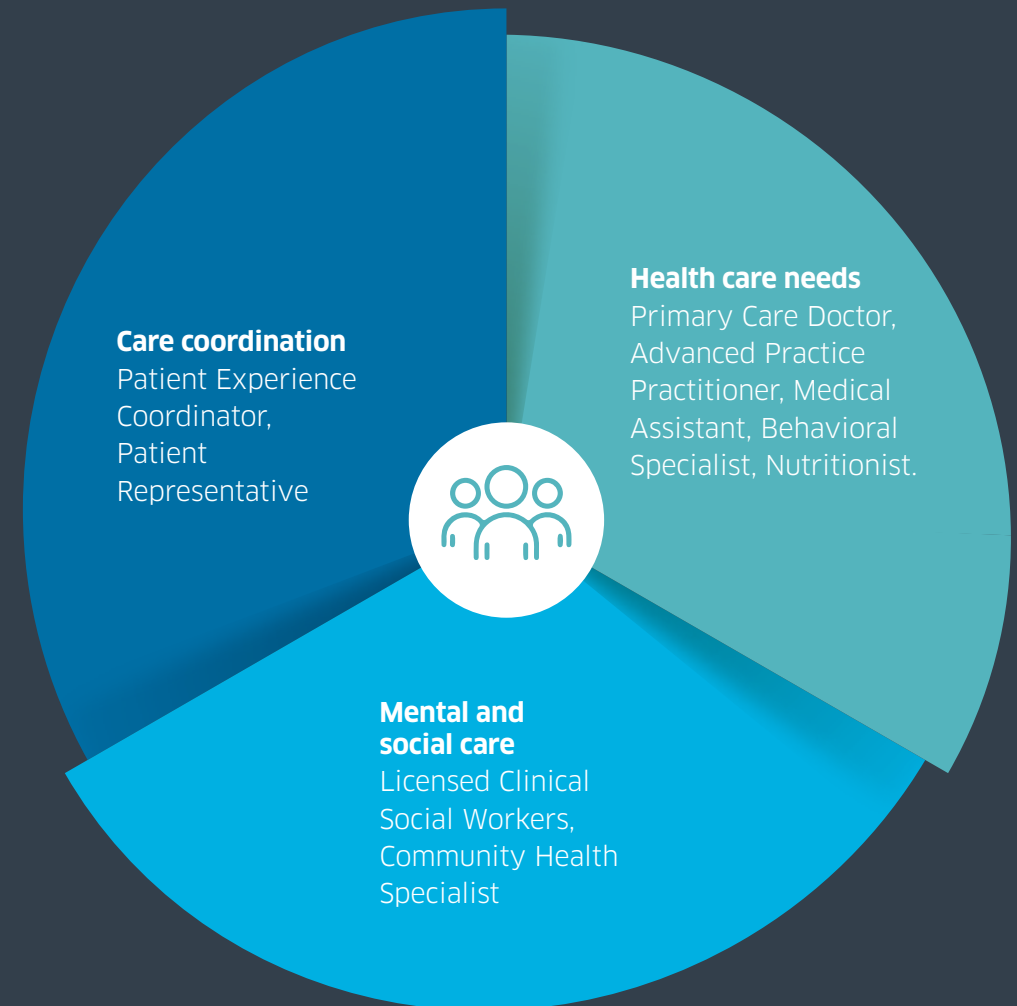
Everyone's health care needs are different. That's why we assess each individual's unique health, take into account nonmedical factors that influence health and well-being, and build a plan customized for each of our patients.

We get to really know you and your unique health needs providing:

- Risk identification that help anticipate complications
- Personalized services based on function and frailty assessments
- Plans to encourage habit changes with regular monitoring and constant support to keep you motivated to meet your goals
- Social, mental and community support and referrals

Working together with our Care Team and caregivers, we craft a special roadmap to help our patients achieve their health goals and thrive.

Meet your personal care team:



We take your care to heart

Experience a new approach to health care with Florida Blue's partnership with Sanitas.
We value your time. With longer appointments you won't be rushed, so you'll be able to take the time you need to get all your questions answered.

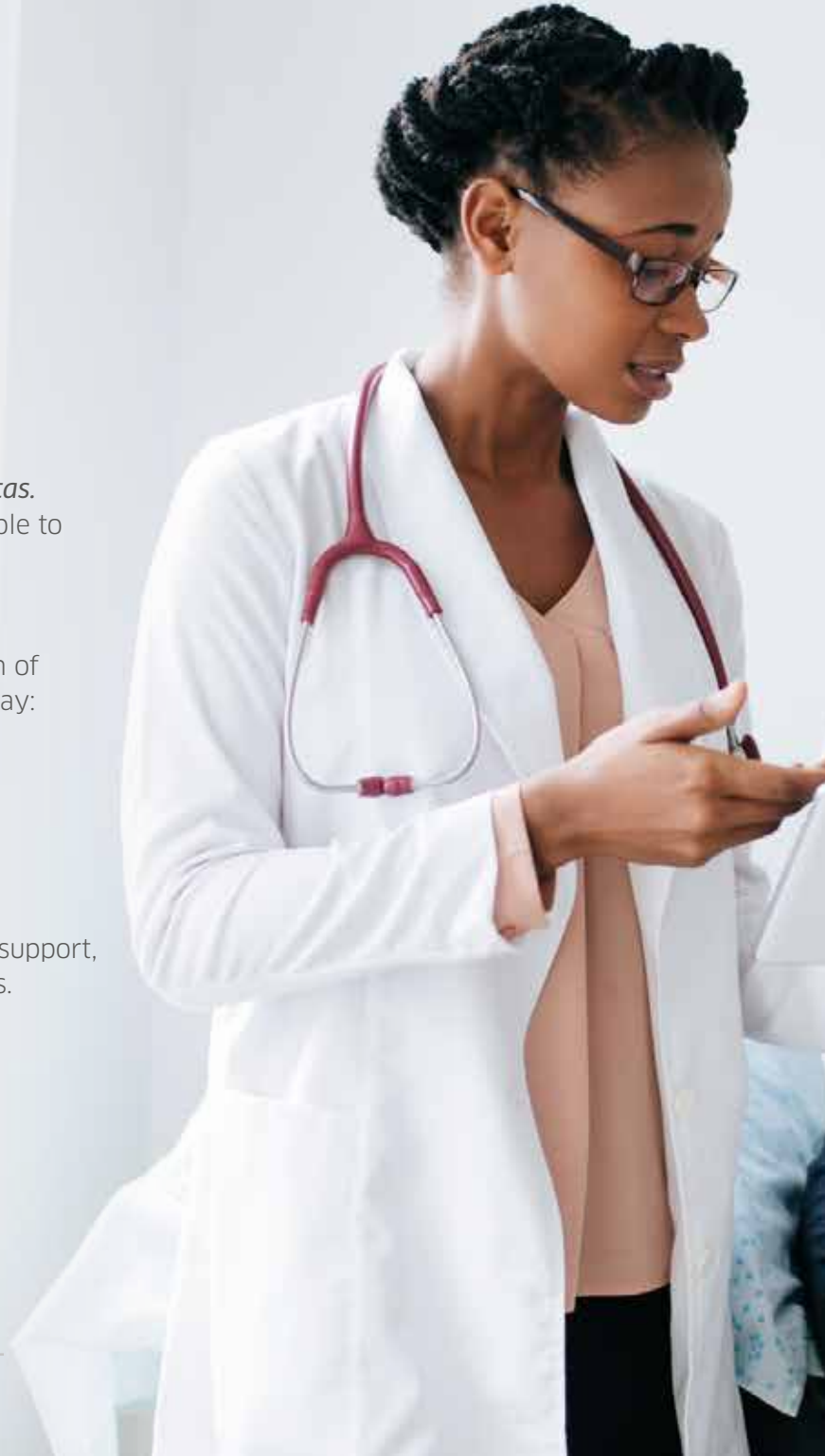
More time with your care team

Get all the attention you need for all-around care—from your doctor and care team of nurses, health coaches, nutritionists and clinical social workers every step of the way:

- Current health needs assessment
- Coordination of a personalized overall health plan based on your goals
- Providing the medical, mental, and social support you need

Same-day appointments

Our patients are our top priority. Whenever you require prompt same-day care or support, rest assured that one of our providers will be there for you with shorter wait times.





Referral support and care coordination

We make life easier for our patients. Our team will take care of all the paperwork and next steps to ensure that everything runs smoothly.

Your personal Care Team is in charge of coordinating care within the practice, including all services provided on-site, and coordinating referrals and care with specialists. It also means that we're reviewing care received in other locations (like specialists and hospitals) so that we can ensure that care plans are up-to-date and our patients are getting the care they need when and where they need it.

Aging, but not growing old

We know that staying healthy as you age is essential. That's why we offer services that enhance seniors' well-being, such as Zumba, yoga, cooking classes, health and mindfulness webinars, laugh therapy, and networking time.



Join the Aging Masters program - embrace life's chapters

Our dedicated care team will expand your knowledge about active and healthy aging. You'll learn that healthy aging means developing and maintaining healthy habits and behaviors while keeping your independence and taking advantage of life experiences.

You will be able to connect socially and emotionally with peers who are in the same stage of life, and through our support groups, you and your family will have a roadmap and insights to navigate your journey and help reduce uncertainty.

Specially designed for you

As our patient, you have access to our top-notch medical center, created with your comfort and wellness in mind, so you can feel at ease while receiving the care you need. We make your life easier by having the health services you need under one roof.

Our spaces are thoughtfully designed to ensure our adult patients, their families and caregivers feel comfortable and safe.



A welcoming lobby area that feels just like your living room, where you will be greeted and accompanied by one of our care team members



A multipurpose activity room, designed to promote community and support overall well-being



A peaceful relaxation room that will help manage pain with massage therapy, therapeutic ultrasound, exercises, paraffin baths, activities, and much more



For your convenience, we have a pharmacy onsite where you can find the assistance and medications you need



We'll coordinate your transportation for in-person appointments to make your health care journey seamless.

Let us give you a lift! we'll safely pick you up and drop you off

When you need us, we're just a click away



Care at home

Our doctors, physician assistants, nurses, and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

- Chronic disease management
- Sick visits and follow-up care
- Medication management
- Coordination of lab tests
- Remote monitoring, including equipment
- Care coordination between home and hospital
- Social and community support



24/7 virtual care

On-demand, on the phone, via video, chat, or in person at your local Sanitas Medical Center. mySanitas is always on. Always by your side.

- Sanitas doctors and care teams 24/7 for immediate care or any other health care need
- Book and manage appointments and get personal health notifications instantly
- Access your medical record, health history, and details about your medications, tests, screenings, shots and more
- Virtual symptom checker answers health care concerns on the fly
- Smart search provides real-time health care education



**Scan to download
mySanitas App**



Get in touch!

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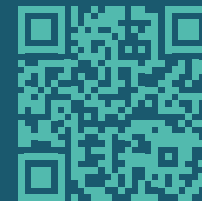
Sanitas serves patients of Florida Blue and Florida Blue Medicare.

Experience the Sanitas difference.

Book an appointment today!
866-520-4705

Chat now
mysanitas.com





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Florida Blue 

Your Health Solutions Partner

Sanitas Medical Center

Sanitas is an independent medical center, serving people insured by Florida Blue (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.