

Your Health Solutions Partner

Sanitas Medical Center

## Primary care that makes your life easier

We're with you every step of the way, providing comprehensive health care for adults with the quality, time, and attention you deserve.

> Serving Florida Blue patients, **ages 50+**

Regency Park Shopping Center
 9400 Atlantic Blvd, Suite 31, Jacksonville, FL 32225
 You can find us at Suite 11, starting January 1st.
 866-520-4705



### Always by your side, taking care of you

We make getting the care you need easier, with the services you need in one location, backed by a whole care team working to support your individual needs.

We've partnered with Florida Blue, who has been serving the Jacksonville community for almost 80 years. Together, we're committed to helping people and communities achieve better health.

You can count on us to deliver a primary care experience that's not only personalized to address your physical health, but also takes into account your mental and social well-being. Our goal is to empower you and help you lead a life that's not just healthy, but one where you can thrive. You'll experience a comprehensive care model thoughtfully created to:



Provide compassionate, personalized, whole-person care.



need us.



Making it easier to get care—in our center or from wherever you are.



Putting your mind at ease when you're dealing with life's challenges.



Keeping you healthy, with support from our specialized care teams.

## The care your health deserves

### \$0 - Copay

As a Florida Blue member, you get unlimited \$0 primary care visits and **two** \$0.

### **One-stop-care**

Convenient and accessible healthcare services all in one place, including on-site lab, imaging and pharmacy.

### A roadmap tailored to your specific needs

A dedicated care team will create a personalized health plan for your unique needs.

#### 24/7 Care

You'll have free access to mySanitas App, connect 24/7 to the doctors you know and trust.

### Services at-a-glance

We help make things less complicated so you can stay on your path to health and wellness.



#### **Primary care**

- Annual health exams
- Disease prevention & education
- Diagnosis of illness & treatment
- Specialist coordination
- Medication management

### Walk-in services

- Illness, infection
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



#### Lab work and imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more

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### Virtual care

- Televisits
- Chat for care & service
- Symptom checker
- Health coaching
- Care coordination
- Same day care



#### Mental and emotional health

Our providers and Licensed Clinical Social Workers will guide you through different treatment methods. And we can help our patients and their caregivers find community resources and extra services and support.

#### Meet your personal care team:

### **Personalized care**

Everyone's health care needs are different. That's why we assess each individual's unique health, take into account nonmedical factors that influence health and well-being, and build a plan customized for each of our patients.

### We get to really know you and your unique health needs providing:

- Early risk identification to anticipate complications
- Services tailored based on functional and frailty risk profiles
- Plans to encourage habit changes with regular monitoring and constant support to keep you motivated.
- Social and community support

Working together with our Care Team and caregivers, we craft a special roadmap to help our patients achieve their health goals and thrive.

### Care coordination Patient Experience Coordinator, Patient Representative

#### Health care needs

Primary Care Doctor, Advanced Practice Practitioner, Medical Assistant, Behavioral Specialist, Nutritionist

#### Mental and social care Licensed Clinical

Social Workers, Community Health Specialist

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# We take your care to heart

Experience a new approach to health care with Florida Blue's partnership with Sanitas.

Get all the attention you need for all-around care–from your Sanitas doctor and care team of nurses, health coaches, nutritionists and clinical social workers.

- Annual wellness checkup
- Follow-up appointments with your Care Team

And as many additional consultations as you need.

### Same day appointments

Our Florida Blue patients are our top priority. Whenever you require prompt same-day assistance, rest assured that one of our providers will be there for you with shorter wait times.



A welcoming lobby area that feels just like your living room, where you will be greeted and accompanied by one of our care team members.

## Specially designed for you

As a Florida Blue Member, you have access to our top-notch medical center, created with your comfort and wellness in mind, so you can feel at ease while receiving the care you need. We make your life easier by having the health services you need under one roof.

Our spaces are thoughtfully designed to ensure our adult patients, their families and caregivers feel comfortable and safe.



A multipurpose activity room, designed to promote community and support overall well-being.



A peaceful relaxation room that will help manage pain with massage therapy, therapeutic ultrasound, exercises,paraffin baths, activities and much more.

### When you need us, we're just a click away



### Care at home

Our doctors, physician assistants, nurses, and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

- Chronic disease management
- Sick visits and follow-up care
- Medication management
- Coordination of lab tests
- Remote monitoring, including equipment
- Care coordination between home and hospital
- Social and community support



### 24/7 Virtual care

On-demand, on the phone, via video, chat or in person at your local Sanitas Medical Center. mySanitas is always on. Always by your side.

- Sanitas doctors and care teams 24/7 for immediate care or any other health care need
- Book and manage appointments and get personal health
  notifications instantly
- Access your medical record, health history and details about your medications, tests, screenings, shots, and more
- Virtual symptom checker answers health care concerns on the fly
- Smart search provides real-time health care education



Scan to download mySanitas App



Get in touch!

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You can find us at Regency Park Shopping Center, Suite 11, starting January 1.

Sanitas serves patients of Florida Blue and Florida Blue Medicare.

Experience the Sanitas difference.

**Book an appointment today!** 866-520-4705

Chat now mysanitas.com









Download mySanitas app here

### Florida Blue 🚭 🕅

Your Health Solutions Partner

### Sanitas Medical Center

Sanitas Medical Center is a Florida Blue "Value Choice Provider", a designation by Florida Blue for select, high-quality in-network primary care providers. Primary care and urgent care \$0 copay visits do not apply to Health Savings Account (HSA) plans but the deductible is still applicable. Sanitas is an independent healthcare organization, serving Florida Blue (or other Blue Cross Blue Shield plans) members, original Medicare patients, and self-pay patients. Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.