



| Experience  
the care you  
*deserve*

 **Sanitas** Medical Center

*Specializing in Medicare services*





# Always by your side, **taking care of you.**

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Growing old is for the young at heart. There's more to being a senior than just doctor appointments and medications. At Sanitas Medical Center, you get the respect you've earned and the attention you deserve.

Sanitas offers comprehensive healthcare that extends beyond doctor appointments, tests and medications. We care for you head-to-toe, inside and out, body, mind and spirit.

Sanitas is more than healing what hurts. It's about...

- ...lifelong, compassionate, whole-person care
- ...being with you between visits, and in times when you need us
- ...making it easier to get care—in our centers or from wherever you are
- ...putting your mind at ease when you're dealing with life's challenges
- ...keeping you healthy, with support from our nutritionists and health coaches

We're here to help make your everyday needs a breeze—whenever and however you need us.

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**Come see us at Sanitas. Where Florida Blue Medicare  
and Original Medicare plans are accepted.**

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Especially for our  
**VIPs**

**Very Important Patients**

# We take your care to **heart**



## **More time with your doctor**

Get all the attention you need for all-around care—from your Sanitas doctor and care team of nurses, health coaches, nutritionists and clinical social workers.

## **Everything you need, all in one place**

Primary care, urgent care, specialty services, lab work, imaging—and so much more.

## **Easy and convenient appointments**

Schedule online, phone or app. We're open evenings and weekends at most locations.

## **The care you want, whenever you need it**

Tap into care from anywhere—chat with us via our app, telehealth In-person or in-home visits.







# Welcome to a world of care

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You'll have a personal doctor who takes time to listen to your health needs.

- We respect your health concerns.
  - We take time to explain treatments, testing, medications and ongoing care.
  - We'll coordinate your care and ensure referrals are covered, so costs are easier on the pocketbook.
  - We know Medicare and can help you maximize your benefits.
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# Sanitas

## Our medical team

At Sanitas, our care teams are always by your side.



### **Our doctors, nurses, health coaches and specialists**

provide the personalized attention you need, however and whenever you need it. We specialize in understanding the needs of seniors and helping you live life to the fullest.

1-866-290-8688



# Services at a glance

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Your dedicated care team, including your primary doctor, nurses, care coordinators, nutritionists, specialists and others, really get to know you.

.....

We help make things less complicated—to keep you on the path to healthy living.



## Primary Care

- Annual health exams
- Preventive tests
- Vaccinations
- Treatment for chronic conditions



## Urgent Care

- Illness
- Infection
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



## Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



## Virtual Care

- Secure video, phone and text messaging
- Wellness visits
- Follow-up care
- Chronic condition management

# 24/7 Virtual care

Some common issues we can help with:

Minor injuries  
.....

Medications not working  
.....

Cough/sore throat  
.....

Skin rash  
.....

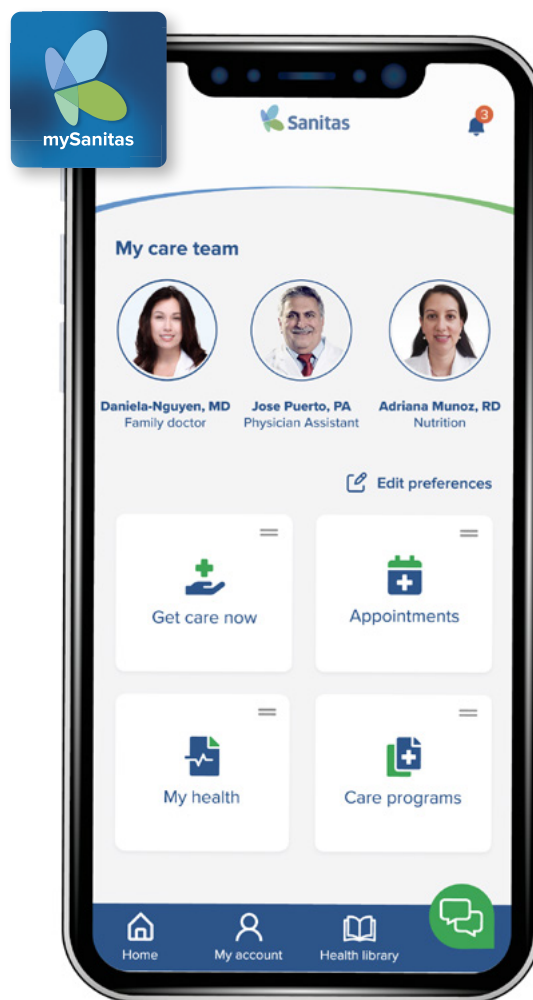
Consultation before going to the ER  
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Diabetic care coaching  
.....

Nutritional consultation  
.....

Care navigation  
.....

On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. **mySanitas is Always on. Always by your side.**



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other healthcare need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers healthcare concerns on the fly.
- Smart search provides real-time healthcare education.

**Download the mySanitas app**

**1-866-290-8688**



# 24/7 Virtual care

Always on. Always by your side.

Download or log on to a new experience in convenient, complete care. With Sanitas, it's your healthcare, simplified.

## 24/7 access

Video chat with your doctor in minutes, or message your care team to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

## Save time and money

Your dedicated Sanitas care team can treat many health issues through the mySanitas app—including urgent care issues—so you don't have to visit a center or make a trip to the ER.

Plus, you can manage appointments without making a phone call.

## Personal assistance

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from our care programs and health coaches.



1-866-290-8688

# Preventive care

Open your world to healthy opportunities.

Connect with caring professionals in your community, make social connections or find a shoulder to lean on. We go the extra mile to help provide wellness for life.

## Women's health screenings

- Mammography
- Pap smear
- Colorectal cancer screening
- Cholesterol and triglycerides screening
- Height, weight and body mass index (BMI)
- Diabetes screening

## Men's health screenings

- Colorectal cancer screening
- Height, weight and body mass index (BMI)
- Blood pressure
- Cholesterol and triglycerides screening
- Diabetes screening

# Specialized care

Diabetes  
.....

Heart disease  
.....

COPD  
.....

Respiratory  
.....

High cholesterol  
.....

Hypertension  
.....

Mental health  
.....

## Ongoing care for patients with chronic conditions.

When living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and between visits. You can count on each and every one of us to be a helping hand or a smile that makes your day.

### We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Care at home
- Social and community services



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# Care at home

Health and functional  
assessments  
.....

Chronic disease management  
.....

Sick visits and follow-up care  
.....

Medication management  
.....

Coordination of lab tests  
.....

Remote monitoring, including  
equipment  
.....

Care coordination between  
home and hospital  
.....

Social and community support

When getting back to “better” requires a little help from some friends.

Let us help you recover and live independently after a hospital stay or when you need help managing a chronic health condition long-term.

Our doctors, physician assistants, nurses and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

Our care is tailored to you. We get to know you and we know your needs. Through a trusting relationship, you and your loved ones can rest assured that you'll be well cared for. We monitor your progress and head off any problems, reducing the need for hospital visits and improving your quality of life.



1-866-290-8688

# Complimentary transportation, at your service

Making it easier for you to get to the care you need.

When you need to get from there to here, let us give you a lift. For in-person appointments at any Sanitas Medical Center location, we'll pick you up and drop you off—all at no cost to Medicare patients who qualify. Call us to learn more.

- Friendly faces
- On-time services available during center operating hours
- No limits on the number of transport rides
- Clean, comfortable, air-conditioned and heated vehicles



1-866-290-8688

# Locations



## South Florida

We frequently add new centers to better meet the needs of the communities we serve. To see the most up-to-date listing of Sanitas Medical Centers located near you, please visit [mysanitas.com/locations](https://mysanitas.com/locations).

And remember, the mySanitas app lets you connect virtually with our care teams 24/7 for any of your unplanned medical needs.

### Miami-Dade

<a href="#">Buena Vista</a>	5299 NE 2 <sup>nd</sup> Ave
<a href="#">Coral Way</a>	1313 SW 27 <sup>th</sup> Ave
■ <a href="#">Doral</a>	2000 NW 87 <sup>th</sup> Ave
<a href="#">Hialeah</a>	1060 W 49 <sup>th</sup> St
<a href="#">Homestead</a>	600 NE 22 <sup>nd</sup> Ter
■ <a href="#">Kendall</a>	7135 SW 117 <sup>th</sup> Ave
■ <a href="#">Miami Lakes</a>	18610 NW 87 <sup>th</sup> Ave
<a href="#">Miami Lakes Main St</a>	15600 NW 67 <sup>th</sup> Ave
<a href="#">North Miami</a>	16875 NW 2 <sup>nd</sup> Ave
<a href="#">Palmetto Bay</a>	8950 SW 152 <sup>nd</sup> St
<a href="#">Country Walk</a>	14409 Country Walk Dr
<a href="#">South Miami</a>	1430 S Dixie Hwy
<a href="#">West Kendall</a>	8945 SW 162 <sup>nd</sup> Ave
<a href="#">Westchester</a>	9736 SW 24 <sup>th</sup> St

### Broward

<a href="#">Coral Springs</a>	2901 Coral Hills Dr
<a href="#">Ft Lauderdale</a>	2150 S Andrews Ave
<a href="#">Hollywood</a>	6100 Hollywood Blvd
■ <a href="#">Lauderdale Lakes</a>	4850 W Oakland Park Blvd
<a href="#">Miramar</a>	12507 Miramar Pkwy
<a href="#">Tamarac</a>	7342 W Commercial Blvd
<a href="#">Central Broward</a>	2711 W Sunrise Blvd
■ <a href="#">Plantation</a>	180 SW 84 <sup>th</sup> Ave
<a href="#">Pompano Beach</a>	50 E Sample Rd

### Palm Beach

<a href="#">Boca Raton</a>	880 NW 13 <sup>th</sup> St
<a href="#">Boynton Beach</a>	1501 N Congress Ave
■ <a href="#">Lake Worth</a>	5960 Jog Rd
<a href="#">Palm Beach Gardens</a>	3401 PGA Blvd
<a href="#">Wellington</a>	1397 Medical Park Blvd
<a href="#">West Palm Beach</a>	1515 N Flagler Dr

#### Specialized Primary Care Centers:

- All Ages plus Advanced Urgent Care
- All Ages plus Advanced Urgent Care & Senior Care
- All Ages plus Senior Care
- Senior Care plus Adults Aged 50+

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# Locations





## Central & West Florida

Advanced urgent care provided at GuideWell Emergency Doctors.

Find a location at [guidewellemergency.com](https://guidewellemergency.com).

### Orange & Osceola

<a href="#">Apopka</a>	2115 W Orange Blossom Trl
<a href="#">Clermont</a>	2604 S Hwy 27
<a href="#">Hunters Creek</a>	2160-4 Whisper Lake Blvd
<a href="#">Kissimmee</a>	833 E Oak St
<a href="#">Kissimmee</a>	1307 E Osceola Pkwy
<a href="#">Metro West</a>	5920 Metropolis Way
<a href="#">NW Kissimmee</a>	3190 N Poinciana Blvd
 <a href="#">Ocoee</a>	8849 W Colonial Dr
 <a href="#">Orlando</a>	11750 E Colonial Dr
<a href="#">Orlando</a>	258 S Chickasaw Trl
<a href="#">Orlando</a>	5190 S John Young Pkwy
<a href="#">Poinciana</a>	353 Cypress Pkwy
<a href="#">St Cloud</a>	4980 E Irlo Bronson Mem Hwy


### Hillsborough

<a href="#">Citrus Park</a>	12879 Citrus Park Plaza
<a href="#">Countryside</a> (Coming soon)	30509 US Highway 19 N
<a href="#">Crosswinds</a> (Coming soon)	6735 Crosswinds Dr N
<a href="#">Lake Magdalene</a>	14821 N Florida Ave
<a href="#">Largo</a> (Coming soon)	1157 Missouri Ave N
<a href="#">Riverview</a>	3140 S Falkenburg Rd
<a href="#">Tampa</a>	3617 W Hillsborough Ave
<a href="#">Temple Terrace</a>	8793 N 56 <sup>th</sup> St
<a href="#">Winter Haven</a> (Coming soon)	1020 5 <sup>th</sup> St SE

### Others

<a href="#">Lakeland</a>	4310 US Hwy 98 N
<a href="#">Longwood</a>	1908 Boothe Cir
<a href="#">Grove Park</a>	4546 Grand Blvd

#### Specialized Primary Care Centers:

-  All Ages plus Advanced Urgent Care
-  All Ages plus Advanced Urgent Care & Senior Care
-  All Ages plus Senior Care
-  Senior Care plus Adults Aged 50+

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# Locations



## North Florida

### Leon

[Apalachee](#)

904 E Lafayette St

[Killlearn](#)

1415 Timberlane Rd

[N Monroe](#)

2415 N Monroe St

[South Tallahassee](#)

5032 Capital Cir SW

### Duval

■ [Regency](#)

9400 Atlantic Blvd

#### Specialized Primary Care Centers:

- All Ages plus Advanced Urgent Care
- All Ages plus Advanced Urgent Care & Senior Care
- All Ages plus Senior Care
- Senior Care plus Adults Aged 50+

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# Getting in touch

**Sanitas serves members of  
Original Medicare and  
Florida Blue Medicare.**

**Experience the Sanitas difference.  
Book an appointment today.**



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At Sanitas, we love what we do. VIPs like you are what motivates us to be better listeners, better caretakers, better doctors, nurses and specialists, better people and mostly, better for you.

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Sanitas is an independent medical center, serving people insured by Florida Blue (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.