



# Always by your side, taking care of you.



Sanitas Medical Centers offer comprehensive healthcare services that extend beyond doctor appointments, tests and medications. We care for you head-to-toe, inside and out, body, mind and spirit.

Sanitas is more than healing what hurts. It's about...

- ...lifelong, compassionate, whole-person care
- ...being with you between visits, and in times when you need us
- ...making it easier to get care—in our centers or from wherever you are
- ...putting your mind at ease when you're dealing with life's challenges
- ...keeping you healthy, with support from our health coaches

We're here to help make your everyday needs a breeze—whenever and however you need us.

Experience heartfelt care like no other place.



## Content

### We take your care to **heart**



## Everything you need, all in one place

Primary care, urgent care, specialty services, lab work, imaging and so much more—for the whole family.



#### **\$0 Copay—Doctor visits**

As a Florida Blue member, you get unlimited \$0 primary care visits and two \$0 urgent care visits at any Sanitas location.



## More time with your doctor and care team

Get all the attention you need for all-around care—from your Sanitas doctor and care team of nurses, health coaches, nutritionists and clinical social workers.



### Always on. Always by your side.

As a Florida Blue member, you'll have free access to a personalized app unlike any other. Connect 24x7 to the doctors and care teams you know and trust at Sanitas.

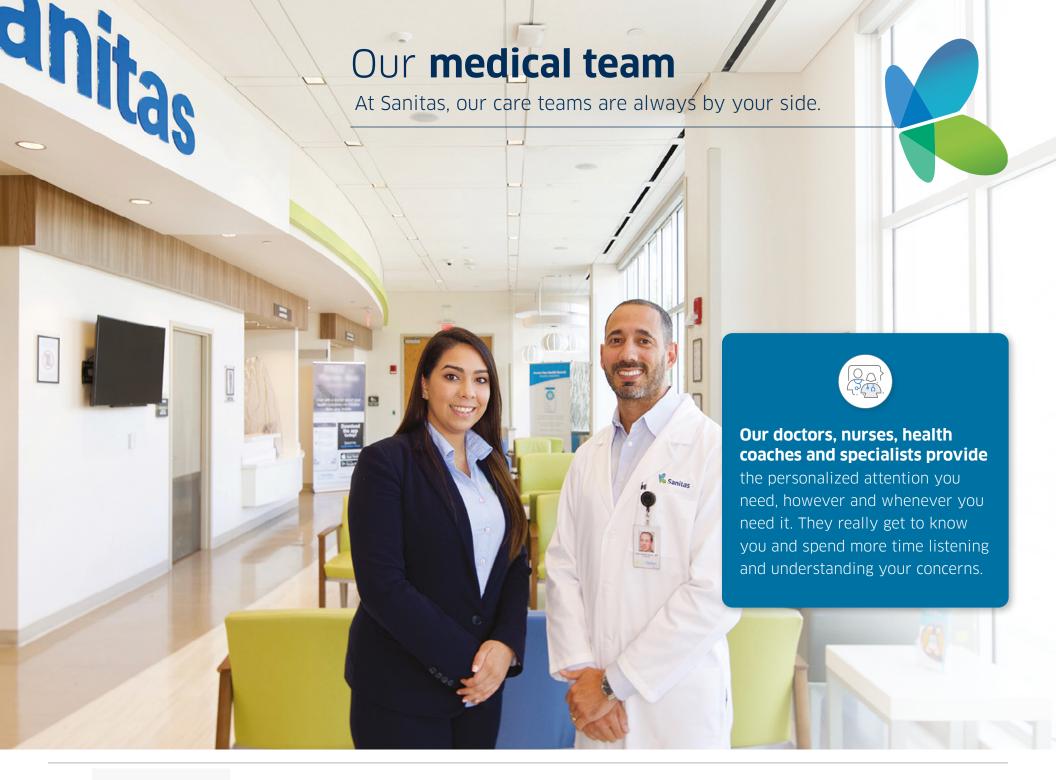


### Sanitas Medical Centers

Our state-of-the-art medical centers offer one-stop care for you and your family.

We're in your neighborhood, with extended hours, so it's more convenient to get care when you need it.

Each center is your home base, designed for your comfort, for all of your health and wellness needs.



# Services



#### **Primary Care**



#### **Urgent Care**

- Annual health exams
- Disease prevention & education
- Diagnosis of illness & treatment
- Specialist coordination
- Onsite medication dispensing

- Illness
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



#### **Lab work and Imaging**

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



#### **Virtual Care**

- Televisits
- Chat for care & service
- Symptom checker
- Health coaching
- Care coordination

# **24/7 Virtual** care

Some common issues we can help with:

Minor injuries

Medications not working

Cough/sore throat

Skin rash

Consultation before going to the ER

Diabetic care coaching

Nutritional consultation

Care navigation

On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. mySanitas is Always on. Always by your side.



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other healthcare need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers healthcare concerns on the fly.
- Smart search provides real-time healthcare education.

#### **Download the mySanitas app**

### 24/7 Virtual care

Always on. Always by your side.

Download or log on to a new experience in convenient, complete care. With Sanitas, it's your healthcare, simplified.

#### 24/7 access

Video chat with your doctor in minutes, or message your care team to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

#### Save time and money

Your dedicated Sanitas care team can treat many health issues through the mySanitas app—including urgent care issues—so you don't have to visit a center or make a trip to the ER.

Plus, you can manage appointments without making a phone call.

#### Personal assistance

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from our care programs and health coaches.





#### Keep yourself and your family healthy

Regular checkups and screenings can help detect problems before they start. At Sanitas, we'll ensure you and your family stay up-to-date.

## Women's health screenings

- Pap smear
- Mammography
- Colorectal cancer screening
- · Height, weight & BMI
- Blood pressure & cholesterol
- Bone density (osteoporosis)

## Men's health screenings

- Colorectal cancer screening
- · Height, weight & BMI
- Blood pressure
- Cholesterol

#### Well-child care

- Prevention, growth & development
- Hearing and visual tests
- Immunizations
- Sports physicals
- Childhood diseases

# **Specialized** care

Diabetes

Heart disease

**COPD** 

Respiratory

High cholesterol

Hypertension

Mental health

#### Ongoing care for patients with chronic conditions.

When living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and between visits.

### We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Care at home
- Social and community services



# **Care** at home

Health and functional assessments

Chronic disease management

Sick visits and follow-up care

Medication management

Coordination of lab tests

Remote monitoring, including equipment

Care coordination between home and hospital

Social and community support

### When getting back to "better" requires a little help from some friends.

Let us help you recover and live independently after a hospital stay or when you need help managing a chronic health condition long-term.

Our doctors, physician assistants, nurses and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

Our care is tailored to you. We get to know you and we know your needs. Through a trusting relationship, you and your loved ones can rest assured that you'll be well cared for. We monitor your progress and head off any problems, reducing the need for hospital visits and improving your quality of life.



### **Locations**



#### **South Florida**

We frequently add new centers to better meet the needs of the communities we serve. To see the most up-to-date listing of Sanitas Medical Centers located near you, please visit **mysanitas.com/locations**. And remember, the mySanitas app lets you connect virtually with our care teams 24/7 for any of your unplanned medical needs.

#### Miami-Dade

\* Buena Vista

Coral Way

Doral

■ Doral - Senior

Hialeah
Homestead

Kendall

Miami LakesMiami Lakes Main StNorth Miami

<u>Palmetto Bay</u>

\* Country Walk

\* South Miami

West Kendall
Westchester

5299 NE 2nd Ave

1313 SW 27th Ave

2000 NW 87th Ave

2000 NW 87th Ave. Suite 204

1060 W 49th St

600 NE 22nd Ter

7135 SW 117th Ave

18610 NW 87th Ave

15600 NW 67th Ave

16800 NW 2nd Ave

9380 SW 150th St

14409 Country Walk Dr

1430 S Dixie Hwy

8945 SW 162nd Ave

9736 SW 24th St

#### **Broward**

**Coral Springs** 

<u>Ft Lauderdale</u>

**Hollywood** 

<u>Lauderdale Lakes</u>

Miramar

\* Tamarac

\* Oakland Park

Plantation

Pompano Beach

2901 Coral Hills Dr

2150 S Andrews Ave

6100 Hollywood Blvd

4850 W Oakland Park Blvd

12507 Miramar Pkwy

7342 W Commercial Blvd

2711 W Sunrise Blvd

180 SW 84th Ave

50 E Sample Rd

#### Palm Beach

Boca Raton

Boynton Beach

Lake Worth

Palm Beach Gardens

Wellington

West Palm Beach

880 NW 13th St

1501 N Congress Ave

5960 Jog Rd

3401 PGA Blvd

1397 Medical Park Blvd

1515 N Flagler Dr

#### **Specialized Primary Care Centers:**

- All Ages plus Advanced Urgent Care
- All Ages plus Advanced Urgent Care & Senior Care
- All Ages plus Senior Care
- Senior Care
- Senior Care plus Adults Aged 50+

<sup>\*</sup> New center opening in 2024

### **Locations**



#### **Central & West Florida**

Advanced urgent care provided at GuideWell Emergency Doctors. Find a location at <u>guidewellemergency.com</u>.

#### Orange & Osceola

<u>Apopka</u> 2115 W Orange Blossom Trl

<u>Clermont</u> 2604 S Hwy 27

\* Hunters Creek 2160-4 Whisper Lake Blvd

Kissimmee 833 E Oak St

<u>Kissimmee</u> 1307 E Osceola Pkwy

\* NW Kissimmee 3190 N Poinciana Blvd

Ocoee 8849 W Colonial Dr

Orlando 11750 E Colonial Dr

<u>Orlando</u> 5920 Metropolis Way

<u>Orlando</u> 258 S Chickasaw Trl

Orlando 5190 S John Young Pkwy

<u>Poinciana</u> 353 Cypress Pkwy

\* St Cloud 4980 E Irlo Bronson Mem Hwy

#### Hillsborough

<u>Citrus Park</u> 12879 Citrus Park Plaza

<u>Lake Magdalene</u> 14821 N Florida Ave

<u>Riverview</u> 3140 S Falkenburg Rd

Tampa 3617 W Hillsborough Ave

Temple Terrace 8793 N 56th St

#### **Others**

<u>Lakeland</u> 4310 US Hwy 98 N <u>Longwood</u> 1908 Boothe Cir \* Grove Park 4546 Grand Blvd

#### **Specialized Primary Care Centers:**

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- Senior Care
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### **Locations**



#### **North Florida**

#### Leon Duval

Apalachee 904 E Lafayette St

Killearn 1415 Timberlane Rd

N Monroe 2415 N Monroe St

South Tallahassee 5032 Capital Cir SW

\* Regency

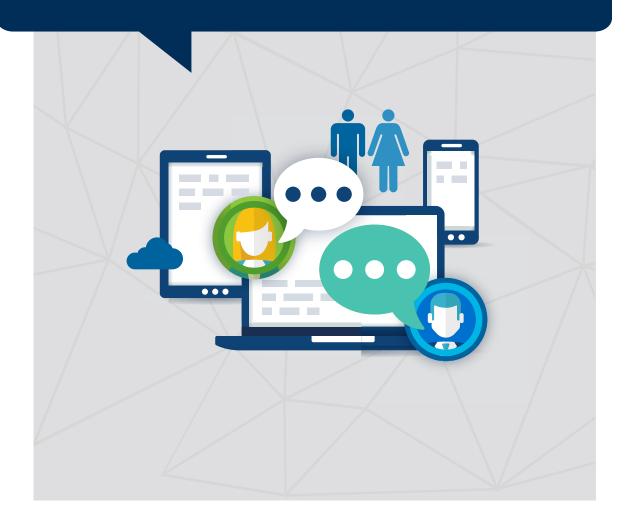
9400 Atlantic Blvd

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### **Getting in touch**





1-866-807-0781



Sanitas Medical Center is a Value Choice Provider, a designation Florida Blue gives to some in-network providers including Sanitas. Primary care and urgent care visits at \$0 do not apply to Health Savings Account (HSA) plans; the deductible will still apply. A total of two (2) urgent care visits are \$0 for non-HSA plans regardless of which Value Choice Provider rendered services. After that, the urgent care cost share applies. Sanitas is an independent medical center, serving people insured by Florida Blue (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment.

Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.