Experience the care you www.



For members of **Florida Blue B**



Always by your side, taking care of you.



Sanitas Medical Centers offer comprehensive healthcare services that extend beyond doctor appointments, tests and medications. We care for you head-to-toe, inside and out, body, mind and spirit.

Sanitas is more than healing what hurts. It's about...

...lifelong, compassionate, whole-person care ...being with you between visits, and in times when you need us ...making it easier to get care—in our centers or from wherever you are ...putting your mind at ease when you're dealing with life's challenges ...keeping you healthy, with support from our health coaches

We're here to help make your everyday needs a breeze—whenever and however you need us.

Experience heartfelt care like no other place.

We take your care to

Content

We take your care to **heart**

Everything you need, all in one place

Primary care, urgent care, specialty services, lab work, imaging and so much more—for the whole family.



\$0 Copay—Doctor visits

As a Florida Blue member, you get unlimited \$0 primary care visits and two \$0 urgent care visits at any Sanitas location.

More time with your doctor and care team

Get all the attention you need for all-around care—from your Sanitas doctor and care team of nurses, health coaches, nutritionists and clinical social workers.

Always on. Always by your side.

As a Florida Blue member, you'll have free access to a personalized app unlike any other. Connect 24x7 to the doctors and care teams you know and trust at Sanitas.



Sanitas Medical Centers

Our state-of-the-art medical centers offer one-stop care for you and your family.

We're in your neighborhood, with extended hours, so it's more convenient to get care when you need it.

Each center is your home base, designed for your comfort, for all of your health and wellness needs.

Our medical team

At Sanitas, our care teams are always by your side.





Our doctors, nurses, health coaches and specialists provide

the personalized attention you need, however and whenever you need it. They really get to know you and spend more time listening and understanding your concerns.

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Services at a glance



Primary Care

- Annual health exams
- Disease prevention & education
- Diagnosis of illness & treatment
- Specialist coordination
- Onsite medication dispensing



Urgent Care

- Illness
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



Virtual Care

- Televisits
- Chat for care & service
- Symptom checker
- Health coaching
- Care coordination



On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. **mySanitas is Always on. Always by your side.**



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other healthcare need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers healthcare concerns on the fly.
- Smart search provides real-time healthcare education.

Download the mySanitas app

24/7 Virtual care

Always on. Always by your side.

Download or log on to a new experience in convenient, complete care. With Sanitas, it's your healthcare, simplified.

24/7 access

Video chat with your doctor in minutes, or message your care team to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

Save time and money

Your dedicated Sanitas care team can treat many health issues through the mySanitas app—including urgent care issues—so you don't have to visit a center or make a trip to the ER. Plus, you can manage appointments without making a phone call.

Personal assistance

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from our care programs and health coaches.

Preventive care

Keep yourself and your family healthy

Regular checkups and screenings can help detect problems before they start. At Sanitas, we'll ensure you and your family stay up-to-date.

Women's health screenings

- Pap smear
- Mammography
- Colorectal cancer screening
- Height, weight & BMI
- Blood pressure & cholesterol
- Bone density (osteoporosis)

Men's health screenings

- Colorectal cancer screening
- Height, weight & BMI
- Blood pressure
- Cholesterol

Well-child care

- Prevention, growth & development
- Hearing and visual tests
- Immunizations
- Sports physicals
- Childhood diseases

Specialized care



Ongoing care for patients with chronic conditions.

When living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and between visits.

We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Care at home
- Social and community services



Care at home

Health and functional assessments <u>Chronic</u> disease management

Sick visits and follow-up care

Medication management Coordination of lab tests

Remote monitoring, including equipment

Care coordination between home and hospital

Social and community support

When getting back to "better" requires a little help from some friends.

Let us help you recover and live independently after a hospital stay or when you need help managing a chronic health condition long-term.

Our doctors, physician assistants, nurses and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

Our care is tailored to you. We get to know you and we know your needs. Through a trusting relationship, you and your loved ones can rest assured that you'll be well cared for. We monitor your progress and head off any problems, reducing the need for hospital visits and improving your quality of life.



Locations

We frequently add new centers to better meet the needs of the communities we serve. To see the most up-to-date listing of Sanitas Medical Centers located near you, please visit **mysanitas.com/locations**. And remember, the mySanitas app lets you connect virtually with our care teams 24/7 for any of your unplanned medical needs.

Miami-Dade

<u>Buena Vista</u>	5299 NE 2 nd Ave
<u>Coral Way</u>	1313 SW 27 th Ave
<u>Doral</u>	2000 NW 87 th Ave
I <u>Doral - Senior</u>	2000 NW 87 th Ave. Suite 204
l <u>Hialeah</u>	1060 W 49 th St
<u>Homestead</u>	600 NE 22 nd Ter
<u>Kendall</u>	7135 SW 117 th Ave
<u>Miami Lakes</u>	18610 NW 87 th Ave
<u>Miami Lakes Main St</u>	15600 NW 67 th Ave
<u>North Miami</u>	16800 NW 2 nd Ave
<u>Palmetto Bay</u>	8950 SW 152 nd St
<u>Country Walk</u>	14409 Country Walk Dr
<u>South Miami</u>	1430 S Dixie Hwy
<u>West Kendall</u>	8945 SW 162 nd Ave
<u>Westchester</u>	9736 SW 24 th St

South Florida

Broward

<u>Coral Springs</u>
<u>Ft Lauderdale</u>
<u>Hollywood</u>
Lauderdale Lakes
<u>Miramar</u>
<u>Tamarac</u>
<u>Oakland Park</u>
<u>Plantation</u>
Pompano Beach

2901 Coral Hills Dr 2150 S Andrews Ave 6100 Hollywood Blvd 4850 W Oakland Park Blvd 12507 Miramar Pkwy 7342 W Commercial Blvd 2711 W Sunrise Blvd 180 SW 84th Ave 50 E Sample Rd

Palm Beach

Boca Raton
Boynton Beach
Lake Worth
Palm Beach Gardens
Wellington
West Palm Beach

880 NW 13th St 1501 N Congress Ave 5960 Jog Rd 3401 PGA Blvd 1397 Medical Park Blvd 1515 N Flagler Dr

Specialized Primary Care Centers:



Locations

Advanced urgent care provided at GuideWell Emergency Doctors. Find a location at <u>guidewellemergency.com</u>.

Orange & Osceola

<u>Apopka</u>	2115 W Orange Blossom Trl
<u>Clermont</u>	2604 S Hwy 27
<u>Hunters Creek</u>	2160-4 Whisper Lake Blvd
<u>Kissimmee</u>	833 E Oak St
<u>Kissimmee</u>	1307 E Osceola Pkwy
<u>NW Kissimmee</u>	3190 N Poinciana Blvd
<u>Ocoee</u>	8849 W Colonial Dr
<u>Orlando</u>	11750 E Colonial Dr
<u>Orlando</u>	5920 Metropolis Way
<u>Orlando</u>	258 S Chickasaw Trl
<u>Orlando</u>	5190 S John Young Pkwy
<u>Poinciana</u>	353 Cypress Pkwy
<u>St Cloud</u>	4980 E Irlo Bronson Mem Hwy

Hillsborough

12879 Citrus Park Plaza
14821 N Florida Ave
3140 S Falkenburg Rd
3617 W Hillsborough Ave
8793 N 56 th St

Others

<u>Lakeland</u> <u>Longwood</u> <u>Grove Park</u> 4310 US Hwy 98 N 1908 Boothe Cir 4546 Grand Blvd

Specialized Primary Care Centers:



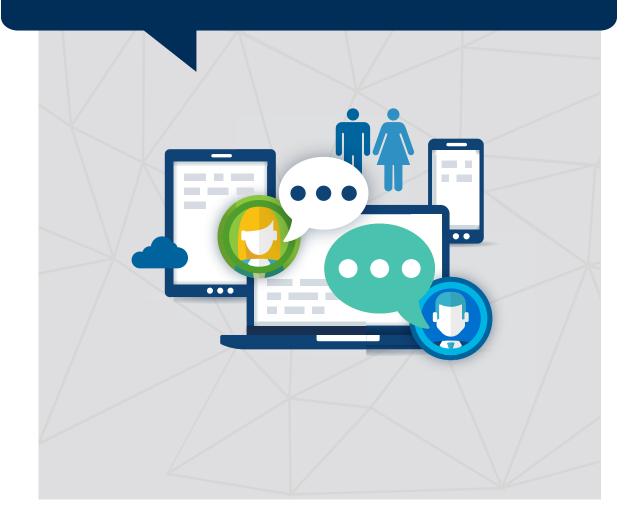
Locations

Leon		Duval		
Apalachee	904 E Lafayette St	Regency	9400 Atlantic Blvd	
<u>Killearn</u>	1415 Timberlane Rd			
<u>N Monroe</u>	2415 N Monroe St			
<u>South Tallahassee</u>	5032 Capital Cir SW			

Specialized Primary Care Centers:



Getting in touch







Sanitas Medical Center is a Value Choice Provider, a designation Florida Blue gives to some in-network providers including Sanitas. Primary care and urgent care visits at \$0 do not apply to Health Savings Account (HSA) plans; the deductible will still apply. A total of two (2) urgent care visits are \$0 for non-HSA plans regardless of which Value Choice Provider rendered services. After that, the urgent care cost share applies. Sanitas is an independent medical center, serving people insured by Florida Blue (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.