



Experience  
the care you  
*deserve*

 **Sanitas**  
Medical Center

For members of

*Florida Blue* 



# Always by your side, **taking care of you.**

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Sanitas Medical Centers offer comprehensive healthcare services that extend beyond doctor appointments, tests and medications. We care for you head-to-toe, inside and out, body, mind and spirit.

Sanitas is more than healing what hurts. It's about...

- ...lifelong, compassionate, whole-person care
- ...being with you between visits, and in times when you need us
- ...making it easier to get care—in our centers or from wherever you are
- ...putting your mind at ease when you're dealing with life's challenges
- ...keeping you healthy, with support from our health coaches

We're here to help make your everyday needs a breeze—whenever and however you need us.

Experience heartfelt care like no other place.







# We take your care to **heart**



## **Everything you need, all in one place**

Primary care, urgent care, specialty services, lab work, imaging and so much more—for the whole family.

## **\$0 Copay—Doctor visits**

As a Florida Blue member, you get unlimited \$0 primary care visits and two \$0 urgent care visits at any Sanitas location.

## **More time with your doctor and care team**

Get all the attention you need for all-around care—from your Sanitas doctor and care team of nurses, health coaches, nutritionists and clinical social workers.

## **Always on. Always by your side.**

As a Florida Blue member, you'll have free access to a personalized app unlike any other. Connect 24x7 to the doctors and care teams you know and trust at Sanitas.





# Sanitas Medical Centers

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Our state-of-the-art medical centers offer one-stop care for you and your family.

We're in your neighborhood, with extended hours, so it's more convenient to get care when you need it.

Each center is your home base, designed for your comfort, for all of your health and wellness needs.

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# Sanitas

## Our medical team

At Sanitas, our care teams are always by your side.



### **Our doctors, nurses, health coaches and specialists provide**

the personalized attention you need, however and whenever you need it. They really get to know you and spend more time listening and understanding your concerns.

# Services at a glance



## Primary Care

- Annual health exams
- Disease prevention & education
- Diagnosis of illness & treatment
- Specialist coordination



## Urgent Care

- Illness
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



## Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



## Virtual Care

- Televisits
- Chat for care & service
- Symptom checker
- Health coaching
- Care coordination

# 24/7 Virtual care

Some common issues we can help with:

Minor injuries  
.....

Medications not working  
.....

Cough/sore throat  
.....

Skin rash  
.....

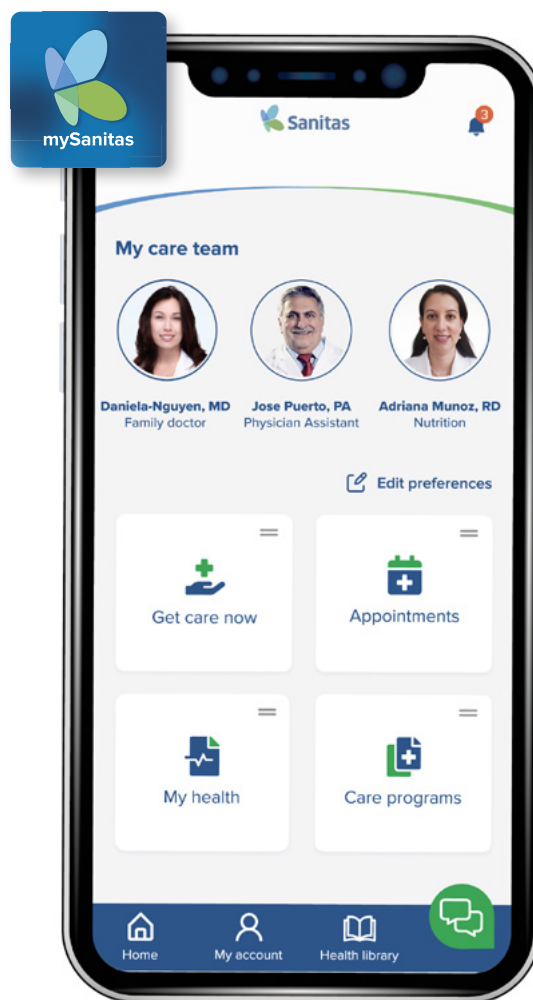
Consultation before going to the ER  
.....

Diabetic care coaching  
.....

Nutritional consultation  
.....

Care navigation  
.....

On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. **mySanitas is Always on. Always by your side.**



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other healthcare need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers healthcare concerns on the fly.
- Smart search provides real-time healthcare education.

**Download the mySanitas app**

**1-866-807-0781**



# 24/7 Virtual care

Always on. Always by your side.

Download or log on to a new experience in convenient, complete care. With Sanitas, it's your healthcare, simplified.

## 24/7 access

Video chat with your doctor in minutes, or message your care team to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

## Save time and money

Your dedicated Sanitas care team can treat many health issues through the mySanitas app—including urgent care issues—so you don't have to visit a center or make a trip to the ER.

Plus, you can manage appointments without making a phone call.

## Personal assistance

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from our care programs and health coaches.



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# Preventive care

## Keep yourself and your family healthy

Regular checkups and screenings can help detect problems before they start. At Sanitas, we'll ensure you and your family stay up-to-date.

### Women's health screenings

- Pap smear
- Mammography
- Colorectal cancer screening
- Height, weight & BMI
- Blood pressure & cholesterol
- Bone density (osteoporosis)

### Men's health screenings

- Colorectal cancer screening
- Height, weight & BMI
- Blood pressure
- Cholesterol

### Well-child care

- Prevention, growth & development
- Hearing and visual tests
- Immunizations
- Sports physicals
- Childhood diseases

# Specialized care

Diabetes  
.....

Heart disease  
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COPD  
.....

Respiratory  
.....

High cholesterol  
.....

Hypertension  
.....

Mental health  
.....

## Ongoing care for patients with chronic conditions.

When living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and between visits.

### We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Care at home
- Social and community services



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# Care at home

Health and functional  
assessments  
.....

Chronic disease management  
.....

Sick visits and follow-up care  
.....

Medication management  
.....

Coordination of lab tests  
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Remote monitoring, including  
equipment  
.....

Care coordination between  
home and hospital  
.....

Social and community support

When getting back to “better” requires a little help from some friends.

Let us help you recover and live independently after a hospital stay or when you need help managing a chronic health condition long-term.

Our doctors, physician assistants, nurses and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

Our care is tailored to you. We get to know you and we know your needs. Through a trusting relationship, you and your loved ones can rest assured that you'll be well cared for. We monitor your progress and head off any problems, reducing the need for hospital visits and improving your quality of life.

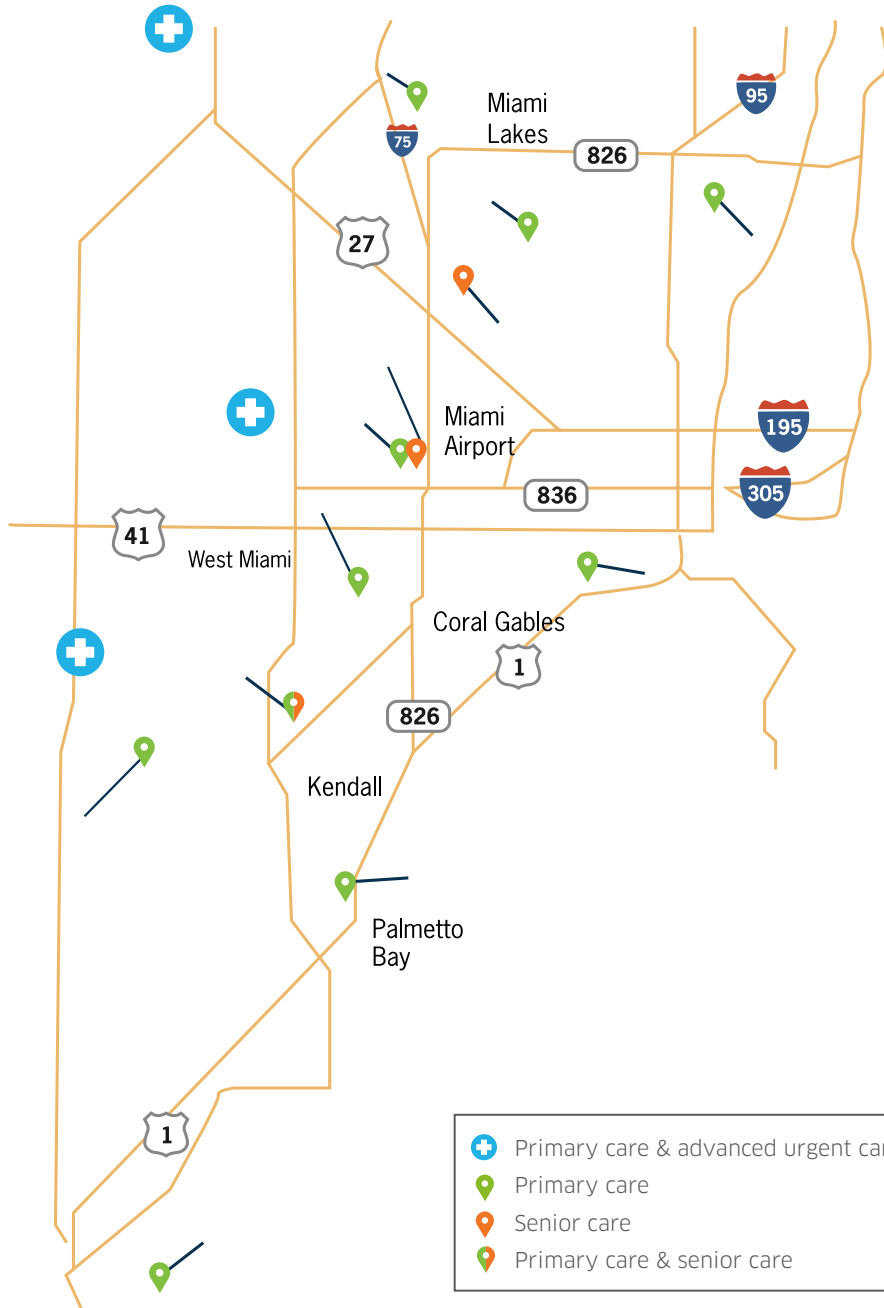


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# Locations



## Miami-Dade

[Virtual Tour](#)


### Miami Lakes

18610 NW 87th Ave., Suite 101  
Miami, FL 33015

### Miami Lakes Main Street

15600 NW 67th Ave., Suite 301  
Miami Lakes, FL 33014

### North Miami

16800 NE 2nd Ave., Suite 102-105  
North Miami Beach, FL 33169

### Hialeah

1060 W 49th St.  
Hialeah, FL 33012

### Doral Senior Health Center

2000 NW 87th Ave., Suite 204  
Doral, FL 33172

### Doral

2000 NW 87th Ave., Suites 101-102  
Doral, FL 33172

### Westchester

9736 SW 24 St.  
Miami, FL 33165

### Coral Way

1313 SW 27th Ave.  
Miami, FL 33145

### Kendall

7135 SW 117th Ave.  
Miami, FL 33183

### West Kendall

8945 SW 162nd Ave.  
Miami, FL 33196

### Palmetto Bay

9380 SW 150th St., Suite 230  
Miami, FL 33176

### Homestead

600 NE 22nd Terrace, Suite 304  
Homestead, FL 33033

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# Locations



Broward



- Primary care & advanced urgent care
- Primary care
- Primary care & senior care

Virtual Tour

## Pompano Beach

50 E Sample Rd.  
Suite 200  
Pompano Beach, FL 33064

## Coral Springs

2901 Coral Hills Dr.  
Bldg. I, Suites 350-370  
Coral Springs, FL 33065

## Lauderdale Lakes

4850 W. Oakland Park Blvd.  
Suite 136  
Lauderdale Lakes, FL 33313

## Ft. Lauderdale

2150 S Andrews Ave.  
Suite 150  
Ft. Lauderdale, FL 33316

## Plantation

180 SW 84th Ave.  
Plantation, FL 33324

## Hollywood

6100 Hollywood Blvd.  
Suite 300  
Hollywood, FL 33024

## Miramar

12507 Miramar Pkwy.  
Bldg. G'Bays, Suites 103-105  
Miramar, FL 33027

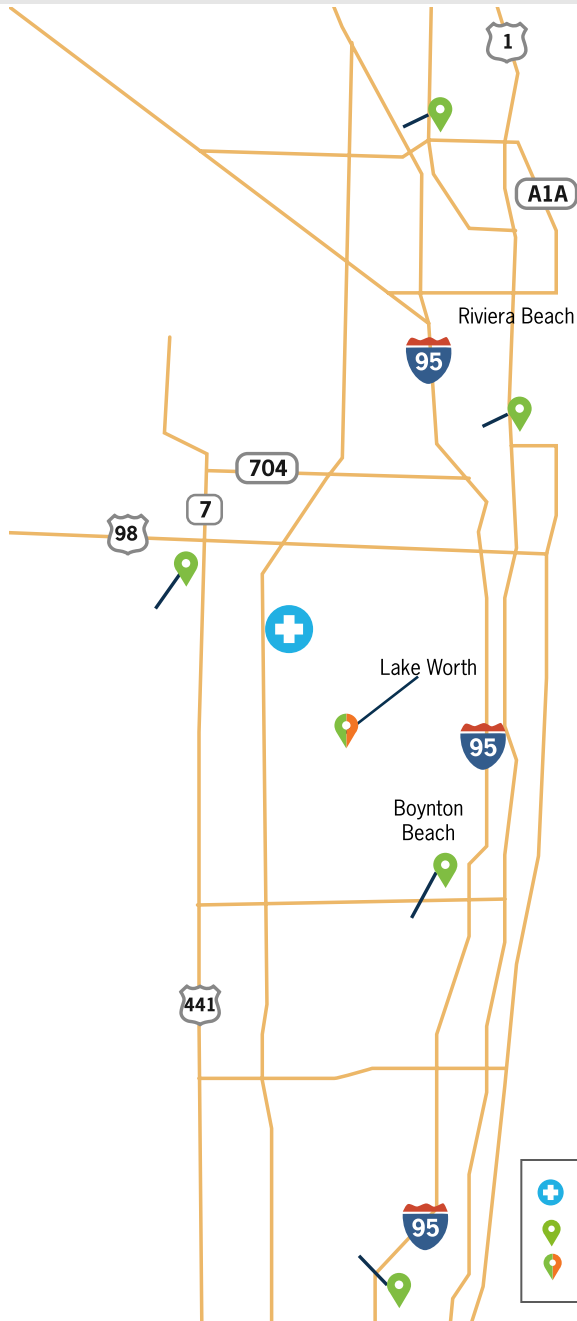
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# Locations



## Palm Beach

[Virtual Tour](#)

- Primary care & advanced urgent care
- Primary care
- Primary care & senior care

### Palm Beach Gardens

3401 PGA Blvd.  
Suite 380  
Palm Beach Gardens, FL 33410

### West Palm Beach

1515 N Flagler Dr.  
Suite 620  
West Palm Beach, FL 33401

### Wellington

1397 Medical Park Blvd.  
Suite 100  
Wellington, FL 33414

### Lake Worth

5960A Jog Road  
Lake Worth, FL 33467

### Boynton Beach

1501 North Congress Ave.  
Boynton Beach, FL 33426

### Boca Raton

880 NW 13th St.  
Suite 300  
Boca Raton, FL 33486

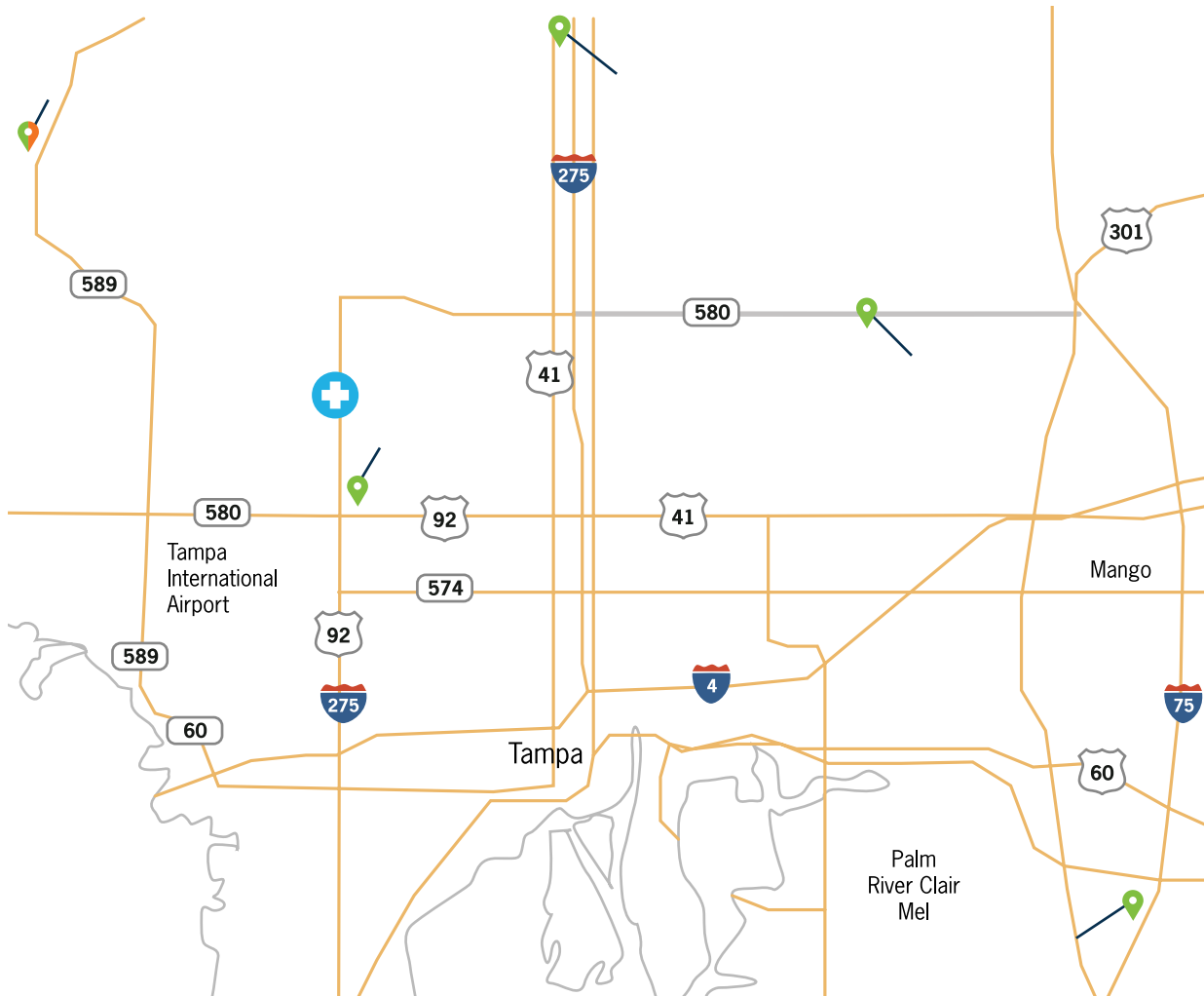
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# Locations



## Hillsborough

Virtual Tour



- Primary care & advanced urgent care
- Primary care
- Primary care & senior care

### Citrus Park

12879 Citrus Park Plaza Dr.  
Tampa, FL 33625

### Lake Magdalene - Senior Health Center

14821 - 14823 N Florida Ave.  
Tampa, FL 33613

### Temple Terrace

8793 N 56th St.  
Temple Terrace, FL 33617

### Tampa

3617 W. Hillsborough Ave.  
Tampa, FL 33614

### Riverview

3140 S Falkenburg Rd.  
Suite 102  
Riverview, FL 33578

## Virtual Tour



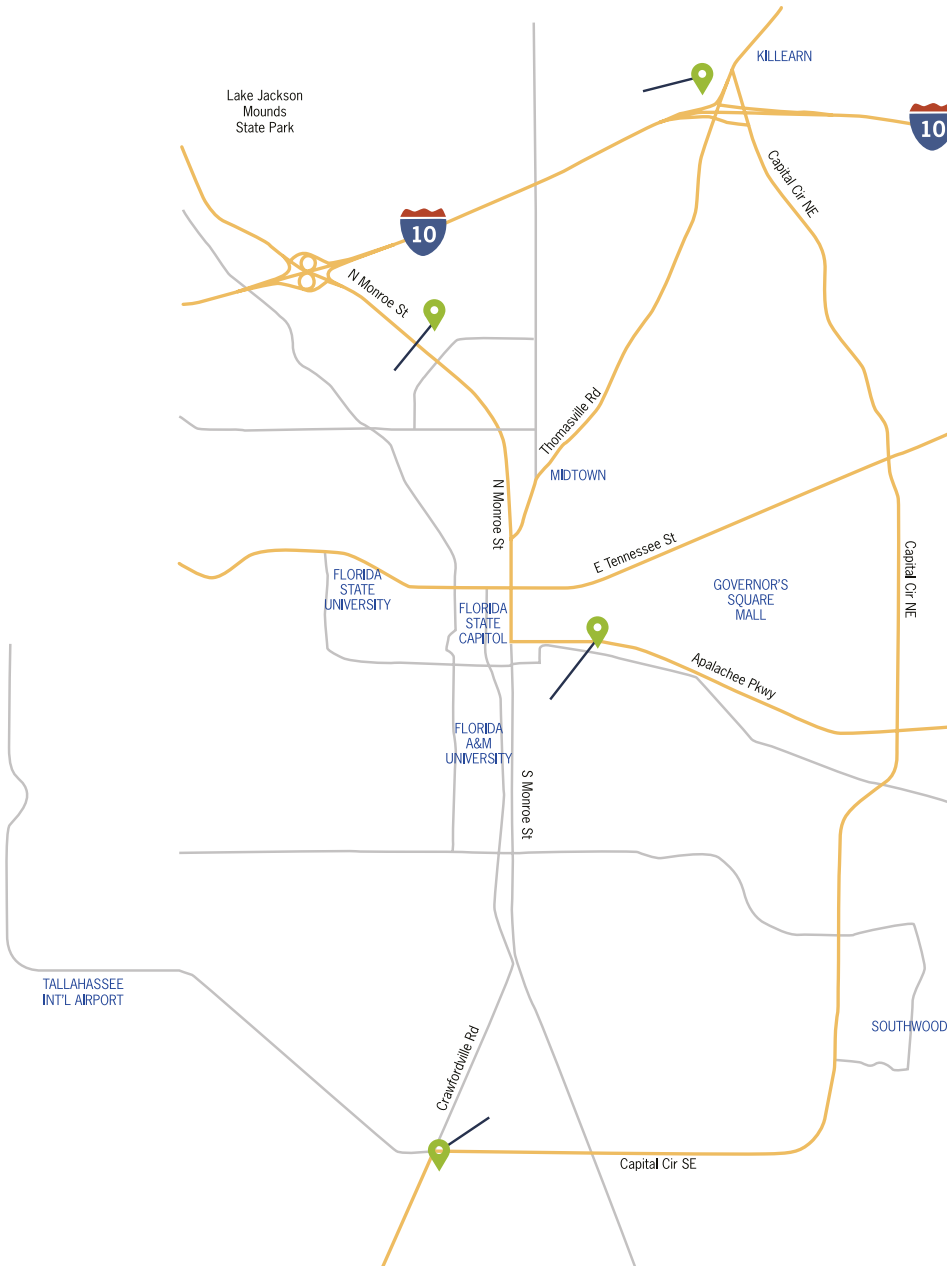
Longwood	1908 Boothe Cir. Longwood, FL 32750
Ocoee	8849 West Colonial Dr. Ocoee, FL 34761
Orlando E Colonial Dr	11750 East Colonial Dr. Unit 100 Orlando, FL 32817
Orlando S Chickasaw Tr	258 South Chickasaw Trail Suite 310 Orlando, FL 32825
Metro West	5920 Metropolis Way Suite 101 Orlando, FL 32811
Orlando S John Young Pkwy	5160 S. John Young Pkwy. Orlando, FL 32839
Kissimmee E Osceola Pkwy	1307 East Osceola Pkwy. Kissimmee, FL 34744
Kissimmee E Oak St	833 East Oak St. Kissimmee, FL 34744
Poinciana	353 Cypress Pkwy. Kissimmee, FL 34759
Lakeland	4310 US Highway 98 N. Suite C280 Lakeland, FL 33809



# Locations



## Tallahassee



### Killlearn

1415 Timberlane Rd.  
Tallahassee, FL 32312

### North Monroe

2415 N Monroe St.  
Tallahassee, FL 32303

### Apalachee

904 E Lafayette St.  
Tallahassee, FL 32301

### South Tallahassee

5032 Capital Circle Southwest  
Tallahassee, FL 32305

1-866-807-0781

# Getting in touch



**1-866-807-0781**

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For members of

*Florida Blue* 

The Florida Blue logo consists of a white cross with a blue circle in the center, followed by a blue shield with a white outline and a small registered trademark symbol.

Sanitas Medical Center is a Value Choice Provider, a designation Florida Blue gives to some in-network providers including Sanitas. Primary care and urgent care visits at \$0 do not apply to Health Savings Account (HSA) plans; the deductible will still apply. A total of two (2) urgent care visits are \$0 for non-HSA plans regardless of which Value Choice Provider rendered services. After that, the urgent care cost share applies. Sanitas is an independent medical center, serving people insured by Florida Blue (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.