



Experience health care  
**designed for you.**





# All the care you need, **all under one roof.**

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What's at the center of Sanitas Medical Center?

You. We provide a whole-person approach to your health – caring for your physical, mental, and social needs. We're breaking down barriers to make your care more accessible, personalized, and connected.

Here, you'll find everything from comprehensive primary care to mental health services and specialized care programs. You can even get your lab work done on-site, so you don't have to make an extra trip. And because injuries and sickness don't wait until we're open, 24/7 virtual care is available through the mySanitas app.

Sanitas Medical Center is whole-person health care in one convenient location, delivered by a team of caring, experienced medical experts focused on you.

Your partner in health,  
**every step of the way.**

1-866-807-0781



# Health care designed around **you**



## **All under one roof**

Fast access to personalized primary care, lab testing, mental health services, and so much more.



## **Wrap-around support**

As a Florida Blue member, you'll likely benefit from low to \$0 copays for many services, making your health care more affordable.\*



## **Care personalized to you**

Led by your doctor, your care team works together to provide more coordinated, comprehensive care designed just for you.



## **Always on, always by your side**

Use our patient app to connect 24/7 with a Sanitas doctor, schedule a visit or manage your health from home or on the road.





## Your health, all in one place

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At **Sanitas Medical Center**, we've created a welcoming environment that brings health care closer to home. Our centers offer a full range of health solutions to support your complete well-being — all under one roof — providing seamless, convenient care focused on you.

From comprehensive primary care to specialized programs, mental health services, and wellness support, every center is designed to make your visit comfortable, compassionate, and supportive.

Experience whole-person health care made a whole lot easier.

1-866-807-0781



## Meet your **care team**

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Your expert care team consists of your primary care doctor, physician assistants or advanced practice registered nurses, and care coordinators — all working together, under one roof.

We match you with specialized care providers and programs based on your personal health needs — such as a diabetes program nurse, nutritionist, community health worker, or mental and social health specialist.

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## **Primary care**

- Annual health exams
- Disease prevention and education
- Diagnosis of illness and treatment
- Specialized care programs



## **Walk-in, same-day care**

- Minor illness
- Fever, cold, or flu
- Cuts and wounds
- Minor sprains and fractures



## **Lab tests**

- Blood work
- Strep and flu
- Pap smears
- Urine and stool



## **24/7 virtual care**

- Televisits
- Consult with care team member
- Message patient services
- Mental health support
- Educational resources
- Care coordination



# 24/7 Virtual care

Some common issues  
we can help with:

Minor injuries

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Medication side effects

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Cough/sore throat

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Skin rash

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Consultation before going to the ER

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Diabetic care coaching

.....

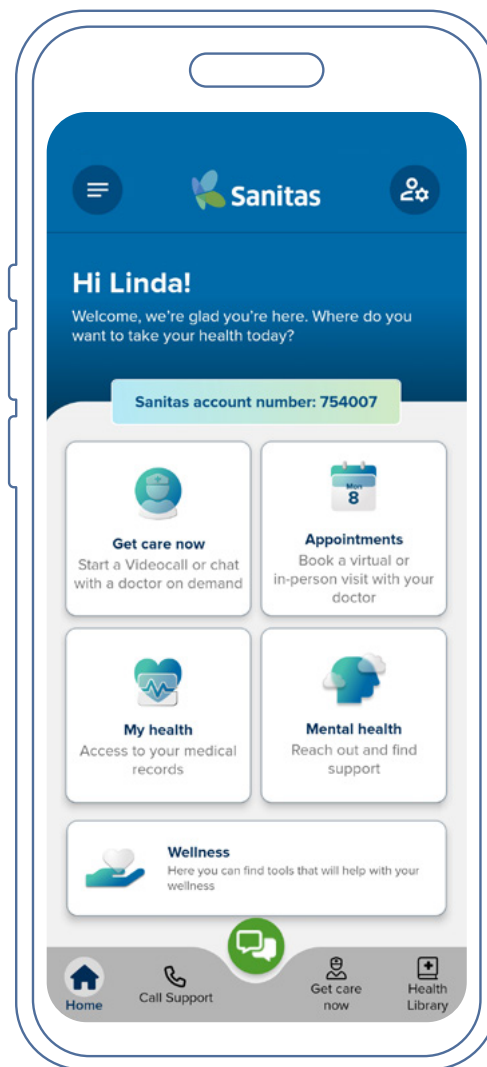
Nutritional consultation

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Care navigation

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## Access care anytime, anywhere with Sanitas Medical Center.




### Managing your health care has never been so easy!

- Connect with Sanitas doctors and care teams 24/7 for any and immediate health care needs
- Access your medical record, health history, and details about your medications, tests, screenings, shots, and more
- Stay on the path to better mental health with educational resources and dedicated support from Sanitas behavioral health counselors
- Book and manage your appointments and get personal health notifications

**Download the mySanitas app**





**24/7**  
Virtual care

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# Always on. **Always by your side.**



Download and log in to experience convenient, complete care. With Sanitas, it's your health care, simplified.

## **24/7 access**

Video chat with a Sanitas provider, or send a message to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

## **Save time and money**

Our Sanitas providers can treat many health issues through the mySanitas app – including urgent care issues – so you don't have to visit a center or make a trip to the ER.

Plus, you can manage appointments without making a phone call.

## **Personal assistance**

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from your Sanitas provider and health programs.

# Preventive **care**



## Keep yourself and your family healthy

Regular checkups and screenings can help detect problems before they start. We'll ensure you and your family stay up-to-date.

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### **Women's health screenings**

- Pap smear
- Breast cancer screenings
- Colorectal cancer screening
- Height, weight, and BMI
- Blood pressure and cholesterol
- Bone density (osteoporosis)



### **Men's health screenings**

- Colorectal cancer screening
- Height, weight, and BMI
- Blood pressure
- Cholesterol



### **Well-child care**

- Prevention, growth, and development
- Hearing and visual tests
- Immunizations
- Sports physicals
- Childhood diseases

# Specialized **care programs**



Diabetes



Heart disease



COPD



Respiratory disease



High cholesterol



Hypertension



Mental health

## **At Sanitas, we care for you at every stage of life.**

Our programs help you stay healthy, prevent complications, and get the right care when you need it.

### **Care programs**

- **Chronic care**

Support for ongoing health conditions or heart-related risks.

- **Chronic complex care**

Extra help for managing multiple long-term conditions.

- **BeWell SUD (Substance use disorder)**

Compassionate support for mental health challenges.

- **Special care at home**

Quality medical care at home for patients with complex conditions.

- **Advanced care**

Personalized and compassionate care for advanced or life-limiting illnesses.

- **Community and social support**

Connecting patients with local resources to meet health, housing, transportation, and emotional needs.

**Nutrition and BeWell** (mental health) programs work hand in hand with all our services to keep you fully supported—body and mind.



# Your Sanitas **care team**

## EXPLAINED



At Sanitas, your health is in the hands of a dedicated care team.  
Led by your doctor, your care team works together to provide  
**more coordinated, comprehensive care designed just for you.**



### **Lead Care Provider**

**The central point of contact for  
all your medical needs**

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This provider manages your healthcare journey. They know your health history, handle your check-ups, preventive care and coordinate referrals if needed.



### **Support Care Provider**

**The other half of your  
collaborative on-site duo**

.....

If your Lead Care Provider is unavailable, your Support Care Provider steps in. They do it seamlessly, by being up to date on your health needs and history.



### **Virtual Care Provider**

**Get the care you need,  
wherever you are**

.....

Need quick medical support? Your Virtual Care Provider is available through telemedicine for routine follow-ups, minor concerns, or urgent questions that can be handled remotely.



## Your Sanitas **care team**

### **E X P L A I N E D**

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## Benefits for **you**



### **Continuity of care:**

Your care team knows you and cares for your goals.



### **Better access:**

In-person or virtual, appointments are easier and faster to get.



### **Comprehensive support:**

Access a broad range of care, within one integrated team.



### **Chronic and preventive care:**

Panels of providers and programs for patients with complex needs.



### **Best match patient/provider:**

We match you with specialized care providers and programs based on your location, age, and personal health needs – such as a diabetes program nurse, care coaches, nutritionist, community health worker, or mental and social health specialist.

# Locations | South Florida



We frequently add new centers to better meet the needs of the communities we serve. To see the most up-to-date listing of Sanitas Medical Centers, please visit [mysanitas.com/locations](https://mysanitas.com/locations). And remember, the mySanitas app lets you connect virtually with our care teams 24/7 for any of your unplanned medical needs.

## Miami-Dade

<a href="#">Buena Vista</a>	5385 NE 2 <sup>nd</sup> Ave
<a href="#">Country Walk</a>	14409 Country Walk Dr
<a href="#">Coral Way</a>	1313 SW 27 <sup>th</sup> Ave
■ <a href="#">Doral</a>	2000 NW 87 <sup>th</sup> Ave
<a href="#">Hialeah</a>	1060 W 49 <sup>th</sup> St
<a href="#">Homestead</a>	600 NE 22 <sup>nd</sup> Ter
■ <a href="#">Kendall</a>	7135 SW 117 <sup>th</sup> Ave
■ <a href="#">Miami Lakes</a>	18610 NW 87 <sup>th</sup> Ave
<a href="#">Miami Lakes Main St</a>	15600 NW 67 <sup>th</sup> Ave
<a href="#">North Miami</a>	16875 NW 2 <sup>nd</sup> Ave
<a href="#">Palmetto Bay</a>	8950 SW 152 <sup>nd</sup> St
<a href="#">South Miami</a>	1430 S Dixie Hwy
<a href="#">West Kendall</a>	8945 SW 162 <sup>nd</sup> Ave
<a href="#">Westchester</a>	9736 SW 24 <sup>th</sup> St

## Broward

<a href="#">Central Broward</a>	2711 W Sunrise Blvd
<a href="#">Coral Springs</a>	3001 Coral Hills Dr
<a href="#">Ft Lauderdale</a>	2150 S Andrews Ave
<a href="#">Hollywood</a>	6100 Hollywood Blvd
■ <a href="#">Lauderdale Lakes</a>	4850 W Oakland Park Blvd
<a href="#">Miramar</a>	12507 Miramar Pkwy
<a href="#">Tamarac</a>	7342 W Commercial Blvd
■ <a href="#">Plantation</a>	180 SW 84 <sup>th</sup> Ave
<a href="#">Coconut Creek</a>	4925 Coconut Creek Pkwy

## Palm Beach

<a href="#">Boca Raton</a>	880 NW 13 <sup>th</sup> St
<a href="#">Boynton Beach</a>	1501 N Congress Ave
■ <a href="#">Lake Worth</a>	5960 Jog Rd
<a href="#">Palm Beach Gardens</a>	3401 PGA Blvd
<a href="#">Wellington</a>	1397 Medical Park Blvd
<a href="#">West Palm Beach</a>	1515 N Flagler Dr

### Specialized Primary Care Centers:

- All Ages plus Advanced Urgent Care





### Orange, Osceola, Polk, and Seminole

<a href="#">Apopka</a>	2115 W Orange Blossom Trl
<a href="#">Clermont</a>	2604 S Hwy 27
<a href="#">Hunters Creek</a>	2160-4 Whisper Lake Blvd
<a href="#">Kissimmee</a>	1307 E Osceola Pkwy
<a href="#">Longwood</a>	1908 Boothe Cir
<a href="#">Metro West</a>	5920 Metropolis Way
<a href="#">Ocoee</a>	8849 W Colonial Dr
<a href="#">East Colonial</a>	11750 E Colonial Dr
<a href="#">Chickasaw</a>	258 S Chickasaw Trl
<a href="#">St John Young</a>	5190 S John Young Pkwy
<a href="#">Poinciana</a>	353 Cypress Pkwy
<a href="#">St Cloud</a>	4980 E Irlo Bronson Mem Hwy

### Lee, Collier and Sarasota

<a href="#">Collier Blvd</a>	15215 Collier Blvd
<a href="#">North Naples</a>	5475 Airport-Rd N
<a href="#">South Fort Myers</a>	7091 College Parkway

### Hillsborough, Pinellas and Pasco

<a href="#">Citrus Park</a>	12879 Citrus Park Plaza
<a href="#">Countryside</a>	30555 US Highway 19 N
<a href="#">Crosswinds</a>	6735 Crosswinds Dr N
<a href="#">Grove Park</a>	4546 Grand Blvd
<a href="#">Lake Magdalene</a>	14821 N Florida Ave
<a href="#">Largo</a>	1157 Missouri Ave N
<a href="#">Riverview</a>	3140 S Falkenburg Rd
<a href="#">Tampa</a>	3617 W Hillsborough Ave
<a href="#">Temple Terrace</a>	8793 N 56 <sup>th</sup> St

### Leon, Duval, and Marion

<a href="#">Apalachee</a>	904 E Lafayette St
<a href="#">N Monroe</a>	2415 N Monroe St
<a href="#">Duclay</a>	8102 Blanding Blvd
<a href="#">Regency</a>	9400 Atlantic Blvd
<a href="#">Windy Hill</a>	11160 Beach Blvd
<a href="#">Central Ocala</a>	2403 SW 27 <sup>th</sup> Ave



## Getting in **touch**

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**1-866-807-0781**

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\* \$0 Value Choice Provider (VCP) primary care visits, \$0 for first two (2) VCP urgent care visits and reduced cost shares for VCP specialist visits do not apply to all Florida Blue health plans. Check your Florida blue plan details for the VCP cost share for your plan. If your plan does not include a VCP reduced cost share benefit, VCP services will be covered at the cost share amount that would apply to non-VCPs. Value Choice Provider is a designation Florida Blue gives to some in-network providers including Sanitas and Florida Blue | Sanitas.

Sanitas Medical Center is an independent healthcare organization, serving Florida Blue (or other Blue Cross Blue Shield plans) members, Original Medicare patients, and self-pay patients.

Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.