



Experience  
the care you  
*deserve*

 **Sanitas**  
Medical Center

For members of

*Florida Blue* 



# Always by your side, **taking care of you.**

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Sanitas Medical Centers offer comprehensive healthcare services that extend beyond doctor appointments, tests and medications. We care for you head-to-toe, inside and out, body, mind and spirit.

Sanitas is more than healing what hurts. It's about...

- ...lifelong, compassionate, whole-person care
- ...being with you between visits, and in times when you need us
- ...making it easier to get care—in our centers or from wherever you are
- ...putting your mind at ease when you're dealing with life's challenges
- ...keeping you healthy, with support from our health coaches

We're here to help make your everyday needs a breeze—whenever and however you need us.

Experience heartfelt care like no other place.

 **We take your care to**  
*heart*

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# We take your care to **heart**



## **Everything you need, all in one place**

Primary care, urgent care, specialty services, lab work, imaging and so much more—for the whole family.

## **Sanitas Employee Solutions puts employees and their families first**

Get same- or next-day appointments, minimal wait times, and personalized care from dedicated providers.

## **More time with your doctor and care team**

Get all the attention you need for all-around care—from your Sanitas doctor and care team of nurses, health coaches, nutritionists and clinical social workers.

## **Always on. Always by your side.**

As a Florida Blue member, you'll have free access to a personalized app unlike any other. Connect 24x7 to the doctors and care teams you know and trust at Sanitas.





# Sanitas Medical Centers

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Our state-of-the-art medical centers offer one-stop care for you and your family.

We're in your neighborhood, with extended hours, so it's more convenient to get care when you need it.

Each center is your home base, designed for your comfort, for all of your health and wellness needs.

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# Sanitas

## Our medical team

At Sanitas, our care teams are always by your side.



**Our doctors, nurses and health coaches provide** the personalized attention you need, however and whenever you need it. They really get to know you and spend more time listening and understanding your concerns.

# Services at a glance



## Primary Care

- Annual health exams
- Disease prevention & education
- Diagnosis of illness & treatment
- Specialized care
- Onsite medication dispensing



## Urgent Care

- Illness
- Fever, cold or flu
- Cuts and wounds
- Minor sprains and fractures



## Lab work and Imaging

- Blood work
- Urinalysis
- X-rays
- Ultrasound
- EKGs and more



## Virtual Care

- Televisits
- Chat for care & service
- Symptom checker
- Health coaching
- Care coordination

# 24/7 Virtual care

Some common issues we can help with:

Minor injuries

Medications not working

Cough/sore throat

Skin rash

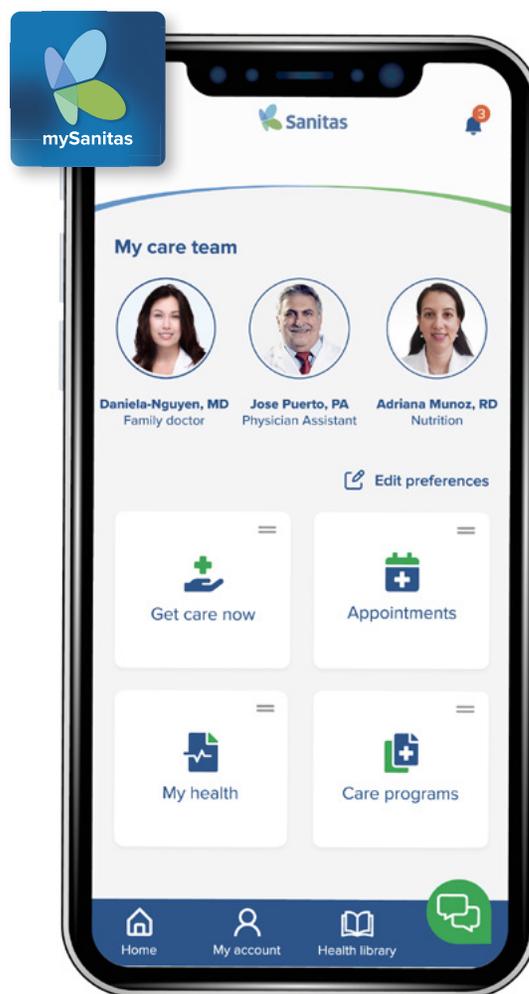
Consultation before going to the ER

Diabetic care coaching

Nutritional consultation

Care navigation

On demand, on the phone, video, chat or in person at your local Sanitas Medical Center. **mySanitas is Always on. Always by your side.**



- Connect with Sanitas doctors and care teams 24x7 for immediate care or any other healthcare need.
- Book and manage appointments and get personal health notifications instantly.
- Access your medical record, health history and details about your medications, tests, screenings, shots and more.
- Virtual symptom checker answers healthcare concerns on the fly.
- Smart search provides real-time healthcare education.

[Download the mySanitas app](#)

1-866-807-0781

# 24/7 Virtual care

Always on. Always by your side.

Download or log on to a new experience in convenient, complete care. With Sanitas, it's your healthcare, simplified.

## 24/7 access

Video chat with your doctor in minutes, or message your care team to ask questions and get answers, without leaving home. When you're sick or injured after hours you can video chat to get the care you need.

## Save time and money

Your dedicated Sanitas care team can treat many health issues through the mySanitas app—including urgent care issues—so you don't have to visit a center or make a trip to the ER.

Plus, you can manage appointments without making a phone call.

## Personal assistance

We'll remind you when you're due for screenings, vaccines, or follow-up visits so you don't have to keep track. Plus, you'll get real-time support from our care programs and health coaches.



1-866-807-0781

# Preventive care

## Keep yourself and your family healthy

Regular checkups and screenings can help detect problems before they start. At Sanitas, we'll ensure you and your family stay up-to-date.

### Women's health screenings

- Pap smear
  - Mammography
  - Colorectal cancer screening
  - Height, weight & BMI
  - Blood pressure & cholesterol
  - Bone density (osteoporosis)
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### Men's health screenings

- Colorectal cancer screening
  - Height, weight & BMI
  - Blood pressure
  - Cholesterol
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### Well-child care

- Prevention, growth & development
  - Hearing and visual tests
  - Immunizations
  - Sports physicals
  - Childhood diseases
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# Specialized care

Diabetes  
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Heart disease  
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COPD  
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Respiratory  
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High cholesterol  
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Hypertension  
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Mental health  
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## Ongoing care for patients with chronic conditions.

When living with a chronic condition, you need care that goes above and beyond. At Sanitas, you get individualized care before, during, after and between visits.

### We're here to make everyday needs a breeze

- Referral support
- Medication management
- Education and coaching
- Nutrition planning
- Mental health programs
- Stress management
- Health and wellness classes
- Care at home
- Social and community services



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# Care at home

Health and functional  
assessments

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Chronic disease management

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Sick visits and follow-up care

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Medication management

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Coordination of lab tests

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Remote monitoring, including  
equipment

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Care coordination between  
home and hospital

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Social and community support

When getting back to “better” requires a little help from some friends.

Let us help you recover and live independently after a hospital stay or when you need help managing a chronic health condition long-term.

Our doctors, physician assistants, nurses and nurse practitioners make house calls, bringing medical care to your door in the comfort of home.

Our care is tailored to you. We get to know you and we know your needs. Through a trusting relationship, you and your loved ones can rest assured that you’ll be well cared for. We monitor your progress and head off any problems, reducing the need for hospital visits and improving your quality of life.



1-866-807-0781

# Locations

## Citrus Park

 12879 Citrus Park Plaza Dr.  
Tampa, FL 33625  
813-669-3119

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## Metro West

 5920 Metropolis Way, Suite 101  
Orlando, FL 32811  
321-341-3828

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## Lake Worth

 5960A Jog Road  
Lake Worth, FL 33467  
561-867-7399

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## Westchester

 9736 SW 24th St.  
Miami, FL 33165  
786-728-9270

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## Palm Beach Gardens

 3401 PGA Blvd. Suite 380  
Palm Beach Gardens, FL 33410  
561-867-7683

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## Fort Lauderdale

 2150 S Andrews Ave. Suite 150  
Fort lauderdale, FL 33316  
754-399-2758

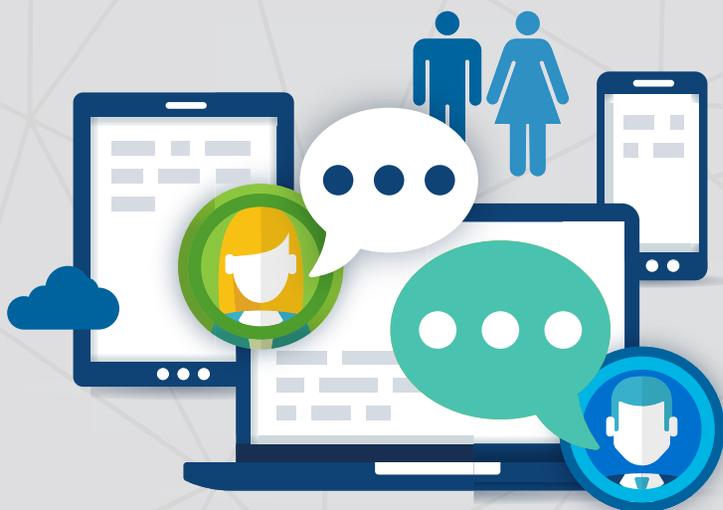
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## Miami Lakes Main St

 15600 NW 67th Ave. Suite 301  
Miami Lakes, FL 33014  
786-723-7990

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# Getting in touch



**1-866-807-0781**

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For members of

*Florida Blue* 

The Florida Blue logo consists of two icons: a white cross with a blue outline and a white shield with a blue outline and a blue cross inside.

Sanitas Medical Center is a Value Choice Provider, a designation Florida Blue gives to some in-network providers including Sanitas. Primary care and urgent care visits at \$0 do not apply to Health Savings Account (HSA) plans; the deductible will still apply. A total of two (2) urgent care visits are \$0 for non-HSA plans regardless of which Value Choice Provider rendered services. After that, the urgent care cost share applies. Sanitas is an independent medical center, serving people insured by Florida Blue (or other Blue Cross Blue Shield plans), original Medicare or self-paying for medical treatment. Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.